



10 km Lauf

Klassenübersicht

gedruckt 02.08.2010 18:49:00

Altersklasse: M30

| Platz | Startnr | Name, Vorname | Jg Land | Ak | Pos | M/W | Netto | Brutto | km/h | min/km |
|-------|---------|--------------------------|-----------------------------|-----|-----|-----|---------|---------|------|--------|
| 1 | 673 | Kealey, Séamus | | M30 | 4 | 4 | 0:35:23 | 0:35:24 | 17,0 | 3,32 |
| 2 | 216 | Hellemond, Bart | 79 Belgium | M30 | 5 | 5 | 0:35:38 | 0:35:38 | 16,8 | 3,34 |
| 3 | 2 | Abel, Niki | 80 Germany | M30 | 10 | 10 | 0:36:27 | 0:36:29 | 16,5 | 3,39 |
| 4 | 312 | Konya, Tedd | 80 Canada | M30 | 11 | 11 | 0:36:38 | 0:36:43 | 16,4 | 3,40 |
| 5 | 226 | Herrera, Jowenne | 77 Philippines | M30 | 13 | 13 | 0:37:07 | 0:37:11 | 16,2 | 3,43 |
| 6 | 320 | Krieger, Peter | 78 Switzerland | M30 | 22 | 22 | 0:38:31 | 0:38:36 | 15,6 | 3,51 |
| 7 | 655 | Sollio, Tom | Norway | M30 | 27 | 27 | 0:38:48 | 0:38:52 | 15,5 | 3,53 |
| 8 | 431 | Pedersen, Jens Myrup | 77 Denmark | M30 | 33 | 33 | 0:39:24 | 0:39:31 | 15,2 | 3,56 |
| 9 | 288 | Kerkman, Mike | 78 United States of America | M30 | 36 | 35 | 0:39:35 | 0:40:06 | 15,2 | 3,58 |
| 10 | 84 | Campana, Samuel | 76 France | M30 | 50 | 48 | 0:41:12 | 0:41:14 | 14,6 | 4,07 |
| 11 | 185 | Gloesener, Tom | 75 Luxembourg | M30 | 59 | 56 | 0:41:39 | 0:42:07 | 14,4 | 4,10 |
| 12 | 94 | Clausen, Jens | 79 Denmark | M30 | 66 | 63 | 0:41:57 | 0:42:41 | 14,3 | 4,12 |
| 13 | 494 | Sadé, Ilan | 78 Sweden | M30 | 67 | 64 | 0:41:58 | 0:42:27 | 14,3 | 4,12 |
| 14 | 107 | Cote, Alexandre | 79 France | M30 | 70 | 67 | 0:42:11 | 0:42:18 | 14,2 | 4,13 |
| 15 | 399 | Nagyvári, Tibor | 77 Germany | M30 | 73 | 70 | 0:42:22 | 0:42:24 | 14,2 | 4,14 |
| 16 | 201 | Guralnick, Daniel | 75 United States of America | M30 | 76 | 72 | 0:42:39 | 0:42:47 | 14,1 | 4,16 |
| 17 | 37 | Blank, Bjoern | 76 Germany | M30 | 105 | 97 | 0:44:23 | 0:44:37 | 13,5 | 4,26 |
| 18 | 545 | Skaar, Christian | 77 Germany | M30 | 115 | 106 | 0:44:57 | 0:45:24 | 13,3 | 4,30 |
| 19 | 101 | Collis, Anthony | 77 Australia | M30 | 128 | 118 | 0:45:33 | 0:46:16 | 13,2 | 4,33 |
| 20 | 495 | Sailer, Christo | 79 Germany | M30 | 142 | 129 | 0:46:02 | 0:46:05 | 13,0 | 4,36 |
| 21 | 693 | Gomezpena, Carlos Andres | United States of America | M30 | 144 | 132 | 0:46:03 | 0:46:33 | 13,0 | 4,36 |
| 22 | 604 | Vincent, Bertrand | 80 France | M30 | 145 | 133 | 0:46:04 | 0:46:13 | 13,0 | 4,36 |
| 23 | 511 | Soren, Schiff | Denmark | M30 | 160 | 148 | 0:46:38 | 0:47:26 | 12,9 | 4,40 |
| 24 | 251 | Indenkampen, Andreas | 75 Germany | M30 | 164 | 152 | 0:46:44 | 0:47:18 | 12,8 | 4,40 |
| 25 | 614 | Waight, James | 75 United Kingdom | M30 | 176 | 162 | 0:47:17 | 0:47:27 | 12,7 | 4,44 |
| 26 | 358 | Maisch, Steffen | 79 Germany | M30 | 178 | 164 | 0:47:25 | 0:47:47 | 12,7 | 4,45 |
| 27 | 616 | Wallenhorst, Thomas | 75 Germany | M30 | 190 | 174 | 0:48:03 | 0:48:23 | 12,5 | 4,48 |
| 28 | 300 | Klöckner, Christian | 77 Germany | M30 | 194 | 178 | 0:48:09 | 0:48:29 | 12,5 | 4,49 |
| 29 | 90 | Chamberlain, Michael | 77 United States of America | M30 | 198 | 182 | 0:48:21 | 0:48:42 | 12,4 | 4,50 |
| 30 | 375 | McNichol, Tim | 78 United States of America | M30 | 199 | 183 | 0:48:21 | 0:48:42 | 12,4 | 4,50 |
| 31 | 609 | Vu, Daniel | 75 United States of America | M30 | 210 | 189 | 0:48:53 | 0:49:28 | 12,3 | 4,53 |
| 32 | 588 | Tsalapatis, Yannis | 76 Greece | M30 | 244 | 220 | 0:49:51 | 0:50:44 | 12,0 | 4,59 |
| 33 | 134 | Douangphayvan, Joe | 75 United States of America | M30 | 265 | 239 | 0:50:45 | 0:51:15 | 11,8 | 5,05 |
| 34 | 26 | Berleen, Emil | 76 United Kingdom | M30 | 266 | 240 | 0:50:45 | 0:51:22 | 11,8 | 5,05 |
| 35 | 206 | Hanifin, David | 78 Australia | M30 | 304 | 263 | 0:52:24 | 0:52:36 | 11,4 | 5,14 |
| 36 | 139 | Dyrkorn, Ole Aleksander | 80 Norway | M30 | 309 | 268 | 0:52:52 | 0:53:27 | 11,3 | 5,17 |
| 37 | 574 | Sz Cs, Zoltán | 76 United Kingdom | M30 | 316 | 272 | 0:53:12 | 0:53:57 | 11,3 | 5,19 |
| 38 | 176 | Gehde, Christoph | 79 Germany | M30 | 328 | 282 | 0:53:59 | 0:54:44 | 11,1 | 5,24 |
| 39 | 177 | Giang, Albert | 77 United States of America | M30 | 357 | 302 | 0:55:34 | 0:56:22 | 10,8 | 5,33 |
| 40 | 302 | Kneisel, Heiko | 78 Germany | M30 | 368 | 308 | 0:56:21 | 0:56:41 | 10,6 | 5,38 |
| 41 | 626 | Wiedemann, Thorsten | 76 Germany | M30 | 394 | 319 | 0:58:07 | 0:58:50 | 10,3 | 5,49 |
| 42 | 257 | Jaimes, Guillermo | 77 United States of America | M30 | 427 | 337 | 1:01:45 | 1:02:31 | 9,7 | 6,11 |

Altersklasse: M35

| Platz | Startnr | Name, Vorname | Jg Land | Ak | Pos | M/W | Netto | Brutto | km/h | min/km |
|-------|---------|--------------------|-----------------------------|-----|-----|-----|---------|---------|------|--------|
| 1 | 121 | Dickson, Nicholas | 74 United Kingdom | M35 | 2 | 2 | 0:34:41 | 0:34:44 | 17,3 | 3,28 |
| 2 | 98 | Colaes, Stefan | 75 Belgium | M35 | 3 | 3 | 0:34:58 | 0:35:00 | 17,2 | 3,30 |
| 3 | 85 | Campbell, Malcolm | 71 Australia | M35 | 6 | 6 | 0:35:44 | 0:35:45 | 16,8 | 3,34 |
| 4 | 286 | Kerherve, Loïc | 72 France | M35 | 15 | 15 | 0:37:41 | 0:37:43 | 15,9 | 3,46 |
| 5 | 552 | Stähli, Kurt | 71 Switzerland | M35 | 17 | 17 | 0:38:03 | 0:38:09 | 15,8 | 3,48 |
| 6 | 38 | Blas Galvez, Pedro | 71 Germany | M35 | 18 | 18 | 0:38:07 | 0:38:11 | 15,7 | 3,49 |
| 7 | 572 | Surén, Pål | 72 Norway | M35 | 19 | 19 | 0:38:11 | 0:38:14 | 15,7 | 3,49 |
| 8 | 362 | Malo, Martin | 71 Canada | M35 | 28 | 28 | 0:38:54 | 0:38:59 | 15,4 | 3,53 |
| 9 | 471 | Rinka, Mathias | 73 Germany | M35 | 43 | 41 | 0:39:51 | 0:39:56 | 15,1 | 3,59 |
| 10 | 171 | Garbacz, Davy | 72 France | M35 | 44 | 42 | 0:40:16 | 0:40:18 | 14,9 | 4,02 |
| 11 | 47 | Bogliolo, Camillo | 75 Germany | M35 | 45 | 43 | 0:40:28 | 0:40:38 | 14,8 | 4,03 |
| 12 | 579 | Thiam, Edimo | 75 France | M35 | 46 | 44 | 0:40:38 | 0:40:47 | 14,8 | 4,04 |
| 13 | 621 | Werner, Jeffrey | 73 United States of America | M35 | 51 | 49 | 0:41:13 | 0:41:17 | 14,6 | 4,07 |
| 14 | 138 | Dutton, Jeffrey | 72 United States of America | M35 | 52 | 50 | 0:41:19 | 0:41:45 | 14,5 | 4,08 |
| 15 | 193 | Grams, Dane | 72 United States of America | M35 | 72 | 69 | 0:42:21 | 0:42:25 | 14,2 | 4,14 |
| 16 | 111 | Dang, Anh | 74 United States of America | M35 | 82 | 76 | 0:42:59 | 0:43:26 | 14,0 | 4,18 |
| 17 | 13 | Baird, Andy | 73 Australia | M35 | 87 | 80 | 0:43:33 | 0:43:44 | 13,8 | 4,21 |



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Altersklasse: M35

| Platz | Startnr | Name, Vorname | Jg Land | Ak | Pos | M/W | Netto | Brutto | km/h | min/km |
|-------|---------|-------------------------|-----------------------------|-----|-----|-----|---------|---------|------|--------|
| 18 | 605 | Vitalis, Richard | 71 France | M35 | 88 | 81 | 0:43:34 | 0:43:49 | 13,8 | 4,21 |
| 19 | 582 | Tietz, Torsten | 71 Germany | M35 | 91 | 84 | 0:43:47 | 0:43:54 | 13,7 | 4,23 |
| 20 | 379 | Meier, Stefan | 74 Germany | M35 | 92 | 85 | 0:43:48 | 0:43:55 | 13,7 | 4,23 |
| 21 | 228 | Hets, Yuval | 71 Israel | M35 | 93 | 86 | 0:43:50 | 0:44:01 | 13,7 | 4,23 |
| 22 | 485 | Rosenberg, Marc | 74 Germany | M35 | 102 | 94 | 0:44:17 | 0:45:05 | 13,5 | 4,26 |
| 23 | 152 | Farrell, Steve | 72 United States of America | M35 | 109 | 101 | 0:44:48 | 0:45:03 | 13,4 | 4,29 |
| 24 | 636 | Wyder, Ted | 73 United States of America | M35 | 118 | 109 | 0:45:03 | 0:45:35 | 13,3 | 4,30 |
| 25 | 248 | Hupfeld, Jens | 72 Germany | M35 | 124 | 115 | 0:45:20 | 0:45:33 | 13,2 | 4,32 |
| 26 | 428 | Pearson, Michael | 74 United States of America | M35 | 141 | 129 | 0:46:02 | 0:46:12 | 13,0 | 4,36 |
| 27 | 497 | Sandmann, Marcus | 71 Germany | M35 | 149 | 137 | 0:46:10 | 0:46:18 | 13,0 | 4,37 |
| 28 | 397 | Munz, Roland | 72 Switzerland | M35 | 153 | 141 | 0:46:17 | 0:46:46 | 13,0 | 4,38 |
| 29 | 133 | Dorp, Ingmar | 75 Germany | M35 | 156 | 144 | 0:46:22 | 0:46:46 | 12,9 | 4,38 |
| 30 | 329 | Kwan, Justin | 74 United States of America | M35 | 159 | 147 | 0:46:37 | 0:47:06 | 12,9 | 4,40 |
| 31 | 653 | Ineichen, Joerg | United States of America | M35 | 161 | 149 | 0:46:38 | 0:47:04 | 12,9 | 4,40 |
| 32 | 570 | Sültz, Jan Ole | 74 Germany | M35 | 177 | 163 | 0:47:18 | 0:47:39 | 12,7 | 4,44 |
| 33 | 308 | Kokott, Marc | 71 Germany | M35 | 185 | 169 | 0:47:43 | 0:47:59 | 12,6 | 4,46 |
| 34 | 540 | Shiramizu, Kevin | 73 United States of America | M35 | 186 | 170 | 0:47:49 | 0:48:18 | 12,5 | 4,47 |
| 35 | 463 | Redmann, Stefan | 74 Germany | M35 | 189 | 173 | 0:48:01 | 0:48:26 | 12,5 | 4,48 |
| 36 | 488 | Ruehl, Joachim | 75 Germany | M35 | 200 | 184 | 0:48:22 | 0:48:45 | 12,4 | 4,50 |
| 37 | 391 | Mühl, Dirk | 73 Germany | M35 | 213 | 192 | 0:48:54 | 0:49:14 | 12,3 | 4,53 |
| 38 | 164 | Fragkos, Dimitrios | 75 United Kingdom | M35 | 214 | 193 | 0:48:54 | 0:49:20 | 12,3 | 4,53 |
| 39 | 700 | Killge, Stefan | 72 Germany | M35 | 225 | 201 | 0:49:12 | 0:49:30 | 12,2 | 4,55 |
| 40 | 546 | Smith, Michael | 72 United States of America | M35 | 230 | 206 | 0:49:23 | 0:49:58 | 12,1 | 4,56 |
| 41 | 347 | Lischke, Philipp | 74 Australia | M35 | 232 | 208 | 0:49:26 | 0:49:55 | 12,1 | 4,57 |
| 42 | 293 | Kirchmeier, Jakob | 71 Switzerland | M35 | 242 | 218 | 0:49:44 | 0:50:09 | 12,1 | 4,58 |
| 43 | 21 | Béliet, Cyril | 72 France | M35 | 258 | 232 | 0:50:33 | 0:50:56 | 11,9 | 5,03 |
| 44 | 459 | Ramaneti, Rajesh | 75 Netherlands | M35 | 259 | 233 | 0:50:34 | 0:51:02 | 11,9 | 5,03 |
| 45 | 460 | Ramirez, Alfredo | 70 Spain | M35 | 260 | 234 | 0:50:35 | 0:50:48 | 11,9 | 5,04 |
| 46 | 622 | Werner, Markus | 70 Germany | M35 | 262 | 236 | 0:50:38 | 0:51:14 | 11,8 | 5,04 |
| 47 | 478 | Roettgers, Thomas | 71 Germany | M35 | 271 | 243 | 0:50:58 | 0:51:08 | 11,8 | 5,06 |
| 48 | 638 | Zalfen, Thomas | 72 Germany | M35 | 276 | 248 | 0:51:08 | 0:51:21 | 11,7 | 5,07 |
| 49 | 274 | Kanamori, Carlos | 72 Peru | M35 | 277 | 249 | 0:51:13 | 0:51:49 | 11,7 | 5,07 |
| 50 | 252 | Ireland, Richard | 74 United Kingdom | M35 | 281 | 251 | 0:51:29 | 0:52:12 | 11,7 | 5,09 |
| 51 | 612 | Wagner, Oliver | 73 Germany | M35 | 290 | 255 | 0:51:56 | 0:52:18 | 11,6 | 5,12 |
| 52 | 269 | Kahl, Gernot | 73 Germany | M35 | 301 | 262 | 0:52:22 | 0:53:20 | 11,5 | 5,14 |
| 53 | 475 | Rocher, Cyrille | 72 France | M35 | 306 | 265 | 0:52:33 | 0:52:51 | 11,4 | 5,15 |
| 54 | 81 | Busbee, Jerry | 72 United States of America | M35 | 308 | 267 | 0:52:37 | 0:52:38 | 11,4 | 5,16 |
| 55 | 562 | Streefkerk, Roland | 72 Netherlands | M35 | 317 | 273 | 0:53:13 | 0:53:36 | 11,3 | 5,19 |
| 56 | 476 | Rode, Kenneth Lütken | 71 Denmark | M35 | 336 | 287 | 0:54:31 | 0:55:18 | 11,0 | 5,27 |
| 57 | 454 | Quintanilla, Ernesto | 71 United States of America | M35 | 347 | 296 | 0:54:53 | 0:55:32 | 10,9 | 5,29 |
| 58 | 500 | Sass, Reinhard | 73 Germany | M35 | 382 | 314 | 0:57:24 | 0:58:14 | 10,5 | 5,44 |
| 59 | 11 | Atherton, Simon | 73 United Kingdom | M35 | 391 | 318 | 0:57:58 | 0:58:32 | 10,4 | 5,48 |
| 60 | 319 | Kretschmann, Andreas | 74 Germany | M35 | 395 | 320 | 0:58:08 | 0:58:50 | 10,3 | 5,49 |
| 61 | 558 | Stewart, John | 72 United Kingdom | M35 | 398 | 322 | 0:58:18 | 0:59:08 | 10,3 | 5,50 |
| 62 | 378 | Mechow, Jens | 73 Germany | M35 | 400 | 324 | 0:58:24 | 0:58:32 | 10,3 | 5,50 |
| 63 | 247 | Hunt, Jeff | 61 United States of America | M35 | 412 | 332 | 0:59:41 | 1:00:12 | 10,1 | 5,58 |
| 64 | 79 | Burmeister, Martin | 73 Denmark | M35 | 416 | 333 | 0:59:48 | 1:00:38 | 10,0 | 5,59 |
| 65 | 324 | Kuhar, Roman | 73 Slovenia | M35 | 430 | 339 | 1:02:05 | 1:02:47 | 9,7 | 6,13 |
| 66 | 440 | Pilgram, Frank | 74 Germany | M35 | 460 | 347 | 1:04:04 | 1:05:03 | 9,4 | 6,24 |
| 67 | 446 | Portmann, Patrick | 72 Germany | M35 | 462 | 349 | 1:04:15 | 1:05:06 | 9,3 | 6,26 |
| 68 | 253 | Isselhorst, Dr. Carsten | 73 Germany | M35 | 471 | 353 | 1:06:25 | 1:07:09 | 9,0 | 6,39 |
| 69 | 301 | Klotzek, Sven | 74 Germany | M35 | 505 | 365 | 1:17:34 | 1:18:33 | 7,7 | 7,45 |
| 70 | 888 | Flutsch, | *Köln | M35 | 506 | 366 | 1:19:06 | 1:20:06 | 7,6 | 7,55 |
| 71 | 889 | AARGH!, | | M35 | 507 | 367 | 1:19:06 | 1:20:07 | 7,6 | 7,55 |

Altersklasse: M40

| Platz | Startnr | Name, Vorname | Jg Land | Ak | Pos | M/W | Netto | Brutto | km/h | min/km |
|-------|---------|---------------------|-----------------------------|-----|-----|-----|---------|---------|------|--------|
| 1 | 492 | Saadani, Abdallah | 67 Germany | M40 | 7 | 7 | 0:35:46 | 0:35:49 | 16,8 | 3,35 |
| 2 | 639 | Ziemann, Ulf | 68 Germany | M40 | 8 | 8 | 0:36:15 | 0:36:17 | 16,5 | 3,38 |
| 3 | 63 | Brennan, Phil | 65 United States of America | M40 | 12 | 12 | 0:36:59 | 0:37:06 | 16,2 | 3,42 |
| 4 | 214 | Heinrich, Alexander | 68 Germany | M40 | 14 | 14 | 0:37:07 | 0:37:09 | 16,2 | 3,43 |
| 5 | 48 | Böhlen, René | 69 Switzerland | M40 | 16 | 16 | 0:37:46 | 0:37:53 | 15,9 | 3,47 |



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Altersklasse: M40

| Platz | Startnr | Name, Vorname | Jg Land | Ak | Pos | M/W | Netto | Brutto | km/h | min/km |
|-------|---------|----------------------|-----------------------------|-----|-----|-----|---------|---------|------|--------|
| 6 | 310 | Kollmorgen, Stuart | 69 Australia | M40 | 20 | 20 | 0:38:12 | 0:38:14 | 15,7 | 3,49 |
| 7 | 534 | Seckinger, Jochen | 66 Germany | M40 | 21 | 21 | 0:38:21 | 0:38:25 | 15,6 | 3,50 |
| 8 | 194 | Gremmels, Jürgen | 66 Germany | M40 | 23 | 23 | 0:38:31 | 0:38:37 | 15,6 | 3,51 |
| 9 | 87 | Caraway, David | 69 United States of America | M40 | 31 | 31 | 0:39:02 | 0:39:06 | 15,4 | 3,54 |
| 10 | 337 | le Pennec, Dominique | 66 France | M40 | 40 | 39 | 0:39:46 | 0:39:50 | 15,1 | 3,59 |
| 11 | 272 | Kalish, Seth | 67 United States of America | M40 | 41 | 40 | 0:39:48 | 0:40:07 | 15,1 | 3,59 |
| 12 | 264 | Jöhnk, Gunnar | 67 Germany | M40 | 48 | 46 | 0:40:55 | 0:41:03 | 14,7 | 4,05 |
| 13 | 1234 | Kummert, Peter | 52 *Berlin | M40 | 49 | 47 | 0:41:10 | 0:41:27 | 14,6 | 4,07 |
| 14 | 130 | Domschitz, Matthias | 68 Germany | M40 | 53 | 51 | 0:41:22 | 0:41:25 | 14,5 | 4,08 |
| 15 | 273 | Kamerichs, Wolfgang | 70 Germany | M40 | 54 | 52 | 0:41:28 | 0:41:42 | 14,5 | 4,09 |
| 16 | 674 | Goreth, Carsten | | M40 | 61 | 58 | 0:41:43 | 0:42:01 | 14,4 | 4,10 |
| 17 | 413 | Obermaier, Stefan | 69 Germany | M40 | 64 | 61 | 0:41:54 | 0:42:08 | 14,3 | 4,11 |
| 18 | 392 | Müller, Gerald | 70 Germany | M40 | 69 | 66 | 0:42:10 | 0:42:12 | 14,2 | 4,13 |
| 19 | 632 | Wittstamm, Joachim | 66 Germany | M40 | 83 | 77 | 0:43:05 | 0:43:08 | 13,9 | 4,19 |
| 20 | 108 | Couliou, Jean-Michel | 68 France | M40 | 85 | 78 | 0:43:25 | 0:43:35 | 13,8 | 4,21 |
| 21 | 240 | Horwood, Stuart | 67 New Zealand | M40 | 86 | 79 | 0:43:27 | 0:43:44 | 13,8 | 4,21 |
| 22 | 159 | Fisher, Ian | 70 Canada | M40 | 96 | 88 | 0:43:55 | 0:44:43 | 13,7 | 4,24 |
| 23 | 411 | Nuno, Ricardo | 67 Canada | M40 | 98 | 90 | 0:44:04 | 0:44:20 | 13,6 | 4,24 |
| 24 | 490 | Ryan, Dermot | 70 Switzerland | M40 | 99 | 91 | 0:44:05 | 0:44:19 | 13,6 | 4,25 |
| 25 | 611 | Wagner, Karl | 66 United States of America | M40 | 100 | 92 | 0:44:09 | 0:44:38 | 13,6 | 4,25 |
| 26 | 154 | Farris, John | 67 United States of America | M40 | 103 | 95 | 0:44:18 | 0:44:51 | 13,5 | 4,26 |
| 27 | 114 | Dcotta, Christopher | 65 Australia | M40 | 107 | 99 | 0:44:38 | 0:44:52 | 13,4 | 4,28 |
| 28 | 262 | Jemilo, Drew | 66 United States of America | M40 | 108 | 100 | 0:44:45 | 0:45:02 | 13,4 | 4,29 |
| 29 | 525 | Schubert, Dietmar | 66 Germany | M40 | 111 | 103 | 0:44:51 | 0:44:57 | 13,4 | 4,29 |
| 30 | 654 | Hengsternann, Frank | Germany | M40 | 112 | 104 | 0:44:52 | 0:45:20 | 13,4 | 4,29 |
| 31 | 448 | Potthoff, Andreas | 68 Germany | M40 | 116 | 107 | 0:44:57 | 0:45:29 | 13,3 | 4,30 |
| 32 | 563 | Streifler, Stephen | 69 New Zealand | M40 | 117 | 108 | 0:45:01 | 0:45:28 | 13,3 | 4,30 |
| 33 | 14 | Ballois, David | 69 United Kingdom | M40 | 125 | 116 | 0:45:22 | 0:46:00 | 13,2 | 4,32 |
| 34 | 505 | Schäfer, Guido | 67 Germany | M40 | 131 | 120 | 0:45:42 | 0:46:15 | 13,1 | 4,34 |
| 35 | 67 | Brown, John | 68 United Kingdom | M40 | 132 | 121 | 0:45:42 | 0:46:18 | 13,1 | 4,34 |
| 36 | 467 | Reuschenberg, Heijo | 69 Germany | M40 | 133 | 122 | 0:45:47 | 0:45:55 | 13,1 | 4,35 |
| 37 | 78 | Burkhardt, Stefan | 66 Germany | M40 | 147 | 135 | 0:46:08 | 0:46:28 | 13,0 | 4,37 |
| 38 | 527 | Schulenburg, Markus | 67 Germany | M40 | 150 | 138 | 0:46:15 | 0:46:18 | 13,0 | 4,37 |
| 39 | 664 | Mayer, Thomas | Germany | M40 | 151 | 139 | 0:46:15 | 0:46:34 | 13,0 | 4,38 |
| 40 | 178 | Gibhardt, Jörg | 68 Germany | M40 | 157 | 145 | 0:46:22 | 0:47:07 | 12,9 | 4,38 |
| 41 | 390 | Muesegaes, Ralf | 66 Germany | M40 | 162 | 150 | 0:46:40 | 0:47:07 | 12,9 | 4,40 |
| 42 | 289 | Khatu, Devesh | 69 United States of America | M40 | 165 | 153 | 0:46:45 | 0:47:31 | 12,8 | 4,41 |
| 43 | 169 | Frost, Ronald | 66 United States of America | M40 | 170 | 157 | 0:46:55 | 0:47:52 | 12,8 | 4,42 |
| 44 | 165 | Franken, Dieter | 66 Germany | M40 | 181 | 165 | 0:47:33 | 0:47:42 | 12,6 | 4,45 |
| 45 | 348 | Lomberg, Torsten | 70 Germany | M40 | 183 | 167 | 0:47:38 | 0:47:52 | 12,6 | 4,46 |
| 46 | 77 | Burkhardt, Rainer | 68 Germany | M40 | 203 | 187 | 0:48:28 | 0:48:45 | 12,4 | 4,51 |
| 47 | 355 | Lütken, Thomas Rode | 70 Denmark | M40 | 207 | 188 | 0:48:45 | 0:49:31 | 12,3 | 4,53 |
| 48 | 311 | Kollross, Achim | 66 Germany | M40 | 211 | 190 | 0:48:53 | 0:49:09 | 12,3 | 4,53 |
| 49 | 694 | Dittmann, Detlef | Germany | M40 | 212 | 191 | 0:48:53 | 0:49:14 | 12,3 | 4,53 |
| 50 | 31 | Bierfreund, Kay | 67 Germany | M40 | 221 | 197 | 0:49:09 | 0:49:18 | 12,2 | 4,55 |
| 51 | 380 | Mensching, Olaf | 66 Germany | M40 | 227 | 203 | 0:49:17 | 0:49:43 | 12,2 | 4,56 |
| 52 | 561 | Strauß, Rainer | 65 Germany | M40 | 229 | 205 | 0:49:22 | 0:49:28 | 12,2 | 4,56 |
| 53 | 55 | Bottum, Stephen | 66 United States of America | M40 | 235 | 211 | 0:49:29 | 0:49:45 | 12,1 | 4,57 |
| 54 | 631 | Wise, Daniel | 70 United States of America | M40 | 241 | 216 | 0:49:42 | 0:50:34 | 12,1 | 4,58 |
| 55 | 489 | Ruffing, Stefan | 69 Germany | M40 | 249 | 225 | 0:49:57 | 0:50:12 | 12,0 | 5,00 |
| 56 | 659 | Klocke, Arndt | | M40 | 252 | 226 | 0:50:00 | 0:50:41 | 12,0 | 5,00 |
| 57 | 506 | Scheferhöff, Georg | 68 Germany | M40 | 254 | 228 | 0:50:10 | 0:50:12 | 12,0 | 5,01 |
| 58 | 53 | Boros, István | 70 United Kingdom | M40 | 270 | 242 | 0:50:56 | 0:51:41 | 11,8 | 5,06 |
| 59 | 692 | Hesse, Immo | 69 Germany | M40 | 279 | 250 | 0:51:15 | 0:51:34 | 11,7 | 5,07 |
| 60 | 285 | Kempowski, Dirk | 66 Germany | M40 | 284 | 252 | 0:51:42 | 0:52:23 | 11,6 | 5,10 |
| 61 | 249 | Hutchison, Iain | 65 Netherlands | M40 | 293 | 256 | 0:52:05 | 0:52:33 | 11,5 | 5,13 |
| 62 | 414 | Ockenfels, Wolfgang | 69 Germany | M40 | 295 | 257 | 0:52:06 | 0:53:01 | 11,5 | 5,13 |
| 63 | 565 | Strimmer, Klaus | 67 Germany | M40 | 297 | 258 | 0:52:11 | 0:52:16 | 11,5 | 5,13 |
| 64 | 645 | Kunst, Frederik | Netherlands | M40 | 298 | 259 | 0:52:17 | 0:52:37 | 11,5 | 5,14 |
| 65 | 530 | Schwartz, Michel | 69 Netherlands | M40 | 305 | 264 | 0:52:26 | 0:52:54 | 11,4 | 5,15 |
| 66 | 663 | Grundner, Bernhard | Germany | M40 | 311 | 270 | 0:52:57 | 0:53:18 | 11,3 | 5,18 |
| 67 | 556 | Steinbrecher, Meik | 70 Germany | M40 | 312 | 271 | 0:52:59 | 0:53:18 | 11,3 | 5,18 |
| 68 | 40 | Bless, Torsten | 67 Germany | M40 | 319 | 274 | 0:53:34 | 0:54:29 | 11,2 | 5,21 |



10 km Lauf

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Altersklasse: M40

| Platz | Startnr | Name, Vorname | Jg Land | Ak | Pos | M/W | Netto | Brutto | km/h | min/km |
|-------|---------|-------------------------------|-----------------------------|-----|-----|-----|---------|---------|------|--------|
| 69 | 150 | Esser, Jörg | 67 Germany | M40 | 324 | 278 | 0:53:49 | 0:54:09 | 11,1 | 5,23 |
| 70 | 332 | Lancaster, Daniel | 68 Switzerland | M40 | 325 | 279 | 0:53:54 | 0:54:23 | 11,1 | 5,23 |
| 71 | 291 | Kiene, Jens | 67 Germany | M40 | 327 | 281 | 0:53:58 | 0:54:44 | 11,1 | 5,24 |
| 72 | 461 | Ratkay, Stephen | 68 United States of America | M40 | 335 | 286 | 0:54:24 | 0:55:21 | 11,0 | 5,26 |
| 73 | 407 | Nielsen, Peter | 66 Denmark | M40 | 337 | 288 | 0:54:35 | 0:54:56 | 11,0 | 5,28 |
| 74 | 245 | Hughes, Michael | 67 United States of America | M40 | 349 | 298 | 0:55:07 | 0:55:59 | 10,9 | 5,31 |
| 75 | 16 | Barratt, Ashley | 65 New Zealand | M40 | 352 | 299 | 0:55:19 | 0:55:54 | 10,8 | 5,32 |
| 76 | 481 | Rohrmann, Stephan | 68 Germany | M40 | 365 | 306 | 0:56:14 | 0:56:37 | 10,7 | 5,37 |
| 77 | 430 | Pedersen, Flemming Baadsgaard | 67 Denmark | M40 | 384 | 315 | 0:57:35 | 0:58:21 | 10,4 | 5,45 |
| 78 | 516 | Schmidt, Thomas | 70 Germany | M40 | 387 | 316 | 0:57:46 | 0:58:02 | 10,4 | 5,47 |
| 79 | 183 | Gittinger, Jan | 67 Germany | M40 | 396 | 321 | 0:58:17 | 0:58:49 | 10,3 | 5,50 |
| 80 | 41 | Blum, Peter | 67 Germany | M40 | 403 | 326 | 0:58:36 | 0:59:04 | 10,2 | 5,52 |
| 81 | 566 | Strogen, Damien | 67 New Zealand | M40 | 404 | 327 | 0:58:53 | 0:59:27 | 10,2 | 5,53 |
| 82 | 450 | Pulice, Joseph | 69 United States of America | M40 | 420 | 334 | 1:00:19 | 1:00:57 | 9,9 | 6,02 |
| 83 | 651 | Giutard, Yaun | France | M40 | 424 | 336 | 1:01:26 | 1:02:21 | 9,8 | 6,09 |
| 84 | 282 | Kellner, Eduard | 68 Germany | M40 | 458 | 345 | 1:04:00 | 1:04:52 | 9,4 | 6,24 |
| 85 | 88 | Castelbon, Miguel Angel | 70 Spain | M40 | 476 | 354 | 1:06:52 | 1:07:18 | 9,0 | 6,41 |
| 86 | 217 | Helm, Andreas | 69 Germany | M40 | 477 | 355 | 1:07:37 | 1:08:30 | 8,9 | 6,46 |
| 87 | 395 | Müller, Marcus | 69 Germany | M40 | 478 | 356 | 1:07:48 | 1:08:08 | 8,8 | 6,47 |
| 88 | 515 | Schmidt, Michael | 65 Germany | M40 | 488 | 360 | 1:11:02 | 1:11:48 | 8,4 | 7,06 |
| 89 | 45 | Boehm, Klaus | 67 Germany | M40 | 489 | 361 | 1:11:02 | 1:11:48 | 8,4 | 7,06 |

Altersklasse: M45

| Platz | Startnr | Name, Vorname | Jg Land | Ak | Pos | M/W | Netto | Brutto | km/h | min/km |
|-------|---------|------------------------------|-----------------------------|-----|-----|-----|---------|---------|------|--------|
| 1 | 136 | Dudley, Richard-James | 61 United Kingdom | M45 | 24 | 24 | 0:38:35 | 0:38:37 | 15,6 | 3,52 |
| 2 | 309 | Kolbjørnsen, Erik | 65 Norway | M45 | 25 | 25 | 0:38:38 | 0:38:42 | 15,5 | 3,52 |
| 3 | 163 | Fox, Timothy | 63 United States of America | M45 | 29 | 29 | 0:38:59 | 0:39:17 | 15,4 | 3,54 |
| 4 | 279 | Kawano, Koji | 65 United States of America | M45 | 37 | 36 | 0:39:36 | 0:40:24 | 15,1 | 3,58 |
| 5 | 496 | Salo, Ahti | 62 Finland | M45 | 38 | 37 | 0:39:44 | 0:39:49 | 15,1 | 3,58 |
| 6 | 544 | Simpson, Scott | 65 Canada | M45 | 47 | 45 | 0:40:40 | 0:40:46 | 14,7 | 4,04 |
| 7 | 351 | Lovik, Frode | 62 Norway | M45 | 55 | 53 | 0:41:31 | 0:41:52 | 14,5 | 4,09 |
| 8 | 408 | Nissen, Claus | 60 Denmark | M45 | 62 | 59 | 0:41:45 | 0:42:08 | 14,4 | 4,11 |
| 9 | 551 | Sprinkle, Randall | 63 United States of America | M45 | 63 | 60 | 0:41:52 | 0:42:41 | 14,3 | 4,11 |
| 10 | 567 | Struyvelt, Marc | 61 United States of America | M45 | 75 | 71 | 0:42:27 | 0:42:35 | 14,1 | 4,15 |
| 11 | 695 | Brown, Warren | United States of America | M45 | 78 | 73 | 0:42:52 | 0:43:31 | 14,0 | 4,17 |
| 12 | 19 | Becker, Martin | 64 Germany | M45 | 101 | 93 | 0:44:12 | 0:44:28 | 13,6 | 4,25 |
| 13 | 149 | Erpenbeck, Bernd | 65 United States of America | M45 | 104 | 96 | 0:44:18 | 0:44:25 | 13,5 | 4,26 |
| 14 | 593 | van der Laan, Frank | 64 Netherlands | M45 | 114 | 105 | 0:44:53 | 0:45:06 | 13,4 | 4,29 |
| 15 | 231 | Hinnerkopf-Kollross, Manfred | 62 Germany | M45 | 119 | 110 | 0:45:08 | 0:45:26 | 13,3 | 4,31 |
| 16 | 147 | Ellertmann, Heinrich | 65 Germany | M45 | 120 | 111 | 0:45:08 | 0:45:14 | 13,3 | 4,31 |
| 17 | 230 | Hind, Andrew | 62 Canada | M45 | 122 | 113 | 0:45:18 | 0:45:31 | 13,2 | 4,32 |
| 18 | 156 | Felix, Christian | 63 Germany | M45 | 129 | 119 | 0:45:34 | 0:45:44 | 13,2 | 4,33 |
| 19 | 27 | Berling, Hermann | 62 Germany | M45 | 136 | 125 | 0:45:56 | 0:46:00 | 13,1 | 4,36 |
| 20 | 212 | Heinicke, Ralph | 65 Germany | M45 | 139 | 128 | 0:46:00 | 0:46:21 | 13,0 | 4,36 |
| 21 | 368 | Mary, Dieter | 62 Belgium | M45 | 163 | 151 | 0:46:42 | 0:46:54 | 12,8 | 4,40 |
| 22 | 502 | Sauerländer, Georg | 61 Germany | M45 | 166 | 154 | 0:46:47 | 0:47:04 | 12,8 | 4,41 |
| 23 | 576 | Tary, László | 62 Germany | M45 | 167 | 155 | 0:46:48 | 0:47:37 | 12,8 | 4,41 |
| 24 | 635 | Wood, Anthony | 63 Australia | M45 | 169 | 156 | 0:46:52 | 0:47:33 | 12,8 | 4,41 |
| 25 | 640 | Zioerjen, Adrian | 62 Switzerland | M45 | 174 | 160 | 0:47:13 | 0:47:28 | 12,7 | 4,43 |
| 26 | 628 | Wimmer, Ralf-Peter | 65 Germany | M45 | 175 | 161 | 0:47:14 | 0:47:49 | 12,7 | 4,43 |
| 27 | 439 | Pickhardt, Heinz-Günther | 63 Germany | M45 | 184 | 168 | 0:47:39 | 0:47:46 | 12,6 | 4,46 |
| 28 | 553 | Stange, Harald | 63 Germany | M45 | 187 | 171 | 0:47:53 | 0:48:20 | 12,5 | 4,47 |
| 29 | 557 | Stevens, Kelly | 64 United States of America | M45 | 192 | 176 | 0:48:07 | 0:48:42 | 12,5 | 4,49 |
| 30 | 100 | Collins, Charles | 62 United States of America | M45 | 195 | 179 | 0:48:17 | 0:49:06 | 12,4 | 4,50 |
| 31 | 398 | Murphy, Timothy | 62 United States of America | M45 | 196 | 180 | 0:48:17 | 0:48:52 | 12,4 | 4,50 |
| 32 | 75 | Buehler, André | 63 Switzerland | M45 | 197 | 181 | 0:48:18 | 0:48:26 | 12,4 | 4,50 |
| 33 | 698 | de Grimes, Jefferey | United States of America | M45 | 202 | 186 | 0:48:26 | 0:48:40 | 12,4 | 4,51 |
| 34 | 456 | Rachwalsky, Jens | 64 Germany | M45 | 216 | 195 | 0:48:57 | 0:49:40 | 12,3 | 4,54 |
| 35 | 367 | Martin, Randy | 63 United States of America | M45 | 218 | 196 | 0:48:59 | 0:49:15 | 12,2 | 4,54 |
| 36 | 662 | Schop, Ulrich | Germany | M45 | 222 | 198 | 0:49:10 | 0:49:34 | 12,2 | 4,55 |
| 37 | 275 | Karamat Ali, Raschid | 61 Netherlands | M45 | 234 | 210 | 0:49:26 | 0:50:12 | 12,1 | 4,57 |
| 38 | 195 | Grimstad, Sven | 63 Norway | M45 | 236 | 212 | 0:49:32 | 0:50:07 | 12,1 | 4,57 |



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Altersklasse: M45

| Platz | Startnr | Name, Vorname | Jg Land | Ak | Pos | M/W | Netto | Brutto | km/h | min/km |
|-------|---------|----------------------|-----------------------------|-----|-----|-----|---------|---------|------|--------|
| 39 | 365 | Manuel, Lawrence | 64 United States of America | M45 | 247 | 223 | 0:49:54 | 0:50:39 | 12,0 | 4,59 |
| 40 | 541 | Sicking, Andreas | 60 Germany | M45 | 256 | 230 | 0:50:24 | 0:50:32 | 11,9 | 5,02 |
| 41 | 218 | Helzerman, Christoph | 65 United States of America | M45 | 257 | 231 | 0:50:30 | 0:51:19 | 11,9 | 5,03 |
| 42 | 437 | Phlippen, Dieter | 65 Germany | M45 | 263 | 237 | 0:50:42 | 0:50:53 | 11,8 | 5,04 |
| 43 | 393 | Müller, Gregor | 64 Germany | M45 | 269 | 241 | 0:50:53 | 0:51:37 | 11,8 | 5,05 |
| 44 | 389 | Mortier, Wim | 64 Netherlands | M45 | 272 | 244 | 0:51:02 | 0:51:34 | 11,8 | 5,06 |
| 45 | 213 | Heinke, Roland | 64 Germany | M45 | 274 | 246 | 0:51:06 | 0:51:59 | 11,7 | 5,07 |
| 46 | 132 | Dornseiffer, Stefan | 65 Germany | M45 | 275 | 247 | 0:51:07 | 0:51:20 | 11,7 | 5,07 |
| 47 | 521 | Schönknecht, Hartmut | 62 Germany | M45 | 286 | 253 | 0:51:46 | 0:52:08 | 11,6 | 5,11 |
| 48 | 197 | Grossi, Daniel | 63 Australia | M45 | 300 | 261 | 0:52:22 | 0:52:51 | 11,5 | 5,14 |
| 49 | 97 | Cohn, Nicholas | 63 Netherlands | M45 | 322 | 277 | 0:53:37 | 0:53:43 | 11,2 | 5,22 |
| 50 | 170 | Fung, Martin | 63 United States of America | M45 | 326 | 280 | 0:53:56 | 0:54:48 | 11,1 | 5,24 |
| 51 | 334 | Laufenberg, Günther | 61 Germany | M45 | 332 | 283 | 0:54:10 | 0:54:22 | 11,1 | 5,25 |
| 52 | 120 | Dickens, John | 61 United States of America | M45 | 333 | 284 | 0:54:12 | 0:54:40 | 11,1 | 5,25 |
| 53 | 336 | le Lan, Jean Claude | 65 France | M45 | 334 | 285 | 0:54:13 | 0:54:31 | 11,1 | 5,25 |
| 54 | 555 | Stein, Joerg | 64 Germany | M45 | 339 | 290 | 0:54:37 | 0:55:23 | 11,0 | 5,28 |
| 55 | 146 | Elleby, Jan | 63 Denmark | M45 | 343 | 293 | 0:54:48 | 0:55:43 | 10,9 | 5,29 |
| 56 | 304 | Koester, Thomas | 63 Germany | M45 | 346 | 295 | 0:54:53 | 0:55:23 | 10,9 | 5,29 |
| 57 | 438 | Pickers, Georg | 63 Germany | M45 | 348 | 297 | 0:55:03 | 0:55:52 | 10,9 | 5,30 |
| 58 | 542 | Silbermayr, Ernst | 61 Austria | M45 | 355 | 300 | 0:55:25 | 0:56:18 | 10,8 | 5,33 |
| 59 | 158 | Fiechtner, Armin | 63 Germany | M45 | 359 | 303 | 0:55:43 | 0:55:52 | 10,8 | 5,34 |
| 60 | 341 | Leick, Robert | 61 United States of America | M45 | 361 | 305 | 0:55:56 | 0:56:47 | 10,7 | 5,36 |
| 61 | 110 | Dahm, Michael | 62 Germany | M45 | 369 | 309 | 0:56:23 | 0:56:28 | 10,6 | 5,38 |
| 62 | 473 | Rivera, Jerry | 63 United States of America | M45 | 370 | 310 | 0:56:25 | 0:56:40 | 10,6 | 5,39 |
| 63 | 513 | Schmidt, Eckhard | 64 Germany | M45 | 371 | 311 | 0:56:26 | 0:56:48 | 10,6 | 5,39 |
| 64 | 583 | Tillmans, Christian | 63 Germany | M45 | 372 | 312 | 0:56:37 | 0:57:15 | 10,6 | 5,40 |
| 65 | 9 | Andrade, Robert | 64 United States of America | M45 | 405 | 328 | 0:58:55 | 0:59:39 | 10,2 | 5,54 |
| 66 | 425 | Parr, Glenn | 61 United States of America | M45 | 410 | 330 | 0:59:28 | 1:00:08 | 10,1 | 5,57 |
| 67 | 484 | Small, Michael | 63 | M45 | 428 | 338 | 1:01:46 | 1:02:10 | 9,7 | 6,11 |
| 68 | 630 | Wirges, Karsten | 64 Germany | M45 | 437 | 340 | 1:02:23 | 1:02:31 | 9,6 | 6,14 |
| 69 | 345 | Linde, Henk | 62 Netherlands | M45 | 449 | 344 | 1:03:19 | 1:03:58 | 9,5 | 6,20 |
| 70 | 453 | Quante, Alfred | 63 Germany | M45 | 461 | 348 | 1:04:12 | 1:05:03 | 9,3 | 6,25 |
| 71 | 464 | Reimann, Frank | 62 Germany | M45 | 484 | 359 | 1:09:17 | 1:10:01 | 8,7 | 6,56 |
| 72 | 207 | Harras, Achim | 62 Germany | M45 | 492 | 362 | 1:11:42 | 1:11:54 | 8,4 | 7,10 |
| 73 | 661 | White, William | United Kingdom | M45 | 500 | 364 | 1:14:14 | 1:14:26 | 8,1 | 7,25 |

Altersklasse: M50

| Platz | Startnr | Name, Vorname | Jg Land | Ak | Pos | M/W | Netto | Brutto | km/h | min/km |
|-------|---------|-----------------------|-----------------------------|-----|-----|-----|---------|---------|------|--------|
| 1 | 491 | Rydland, Espen | 60 Norway | M50 | 32 | 32 | 0:39:19 | 0:39:25 | 15,3 | 3,56 |
| 2 | 493 | Sabourin, Eric | 60 Canada | M50 | 39 | 38 | 0:39:44 | 0:39:45 | 15,1 | 3,58 |
| 3 | 196 | Gross, Harald | 60 Germany | M50 | 57 | 55 | 0:41:32 | 0:41:37 | 14,4 | 4,09 |
| 4 | 665 | Small, Michael | Netherlands | M50 | 65 | 62 | 0:41:56 | 0:42:12 | 14,3 | 4,12 |
| 5 | 436 | Perl, Martin | 58 United States of America | M50 | 89 | 82 | 0:43:36 | 0:43:44 | 13,8 | 4,22 |
| 6 | 584 | Toal, Martin | 58 United Kingdom | M50 | 95 | 87 | 0:43:54 | 0:44:11 | 13,7 | 4,23 |
| 7 | 388 | Mortensen, Benny | 59 Denmark | M50 | 110 | 102 | 0:44:50 | 0:45:14 | 13,4 | 4,29 |
| 8 | 535 | Seite, Jacques | 60 France | M50 | 121 | 112 | 0:45:13 | 0:45:26 | 13,3 | 4,31 |
| 9 | 539 | Shay, James | 58 United States of America | M50 | 134 | 123 | 0:45:52 | 0:46:20 | 13,1 | 4,35 |
| 10 | 699 | van den Brand, Martin | Netherlands | M50 | 135 | 124 | 0:45:54 | 0:46:22 | 13,1 | 4,35 |
| 11 | 427 | Patterson, John | 57 United States of America | M50 | 137 | 126 | 0:45:56 | 0:46:13 | 13,1 | 4,36 |
| 12 | 658 | Haurer, Marc | Switzerland | M50 | 138 | 127 | 0:45:58 | 0:46:17 | 13,1 | 4,36 |
| 13 | 109 | Curtis, Paolo | 59 Australia | M50 | 143 | 131 | 0:46:03 | 0:46:30 | 13,0 | 4,36 |
| 14 | 151 | Fardella, Tony | 59 United States of America | M50 | 148 | 136 | 0:46:09 | 0:46:22 | 13,0 | 4,37 |
| 15 | 479 | Roffelsen, Jan | 59 Netherlands | M50 | 158 | 146 | 0:46:34 | 0:46:50 | 12,9 | 4,39 |
| 16 | 284 | Kelly, John | 57 United Kingdom | M50 | 172 | 158 | 0:47:01 | 0:47:38 | 12,8 | 4,42 |
| 17 | 409 | Nolden, Gerd | 57 Germany | M50 | 188 | 172 | 0:48:00 | 0:48:03 | 12,5 | 4,48 |
| 18 | 260 | Jansink, Gerrit | 60 Netherlands | M50 | 193 | 177 | 0:48:07 | 0:48:24 | 12,5 | 4,49 |
| 19 | 34 | Birtel, Andreas | 60 Germany | M50 | 226 | 202 | 0:49:15 | 0:49:26 | 12,2 | 4,56 |
| 20 | 451 | Pütz, Andreas | 58 Germany | M50 | 228 | 204 | 0:49:21 | 0:49:28 | 12,2 | 4,56 |
| 21 | 15 | Balster, Hans | 57 Netherlands | M50 | 231 | 207 | 0:49:25 | 0:49:41 | 12,1 | 4,57 |
| 22 | 685 | Pedersen, Klaus | 58 Denmark | M50 | 233 | 209 | 0:49:26 | 0:49:52 | 12,1 | 4,57 |
| 23 | 64 | Breuning, Mikael | 58 Denmark | M50 | 239 | 215 | 0:49:42 | 0:50:03 | 12,1 | 4,58 |
| 24 | 501 | Saueressig, Moritz | 59 Germany | M50 | 240 | 216 | 0:49:42 | 0:50:11 | 12,1 | 4,58 |



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Altersklasse: M50

| Platz | Startnr | Name, Vorname | Jg Land | Ak | Pos | M/W | Netto | Brutto | km/h | min/km |
|-------|---------|-----------------------|-----------------------------|-----|-----|-----|---------|---------|------|--------|
| 25 | 321 | Krueger, Chris | 57 Germany | M50 | 248 | 224 | 0:49:54 | 0:50:18 | 12,0 | 4,59 |
| 26 | 366 | Maravilla, Carl | 60 United States of America | M50 | 253 | 227 | 0:50:03 | 0:50:35 | 12,0 | 5,00 |
| 27 | 470 | Rietveld, Jan | 58 Netherlands | M50 | 288 | 254 | 0:51:50 | 0:52:29 | 11,6 | 5,11 |
| 28 | 190 | Gottlieb, Erik | 55 Denmark | M50 | 299 | 260 | 0:52:18 | 0:52:43 | 11,5 | 5,14 |
| 29 | 95 | Cleary, Timothy | 57 United States of America | M50 | 307 | 266 | 0:52:34 | 0:52:38 | 11,4 | 5,15 |
| 30 | 364 | Manet, Leon | 56 Netherlands | M50 | 320 | 275 | 0:53:34 | 0:53:42 | 11,2 | 5,21 |
| 31 | 585 | Tomasso, Ron | 56 United States of America | M50 | 321 | 276 | 0:53:35 | 0:54:20 | 11,2 | 5,22 |
| 32 | 526 | Schubert, Gregory | 58 United States of America | M50 | 341 | 292 | 0:54:39 | 0:55:19 | 11,0 | 5,28 |
| 33 | 155 | Faucher, Henri | 59 United States of America | M50 | 366 | 307 | 0:56:15 | 0:56:52 | 10,7 | 5,38 |
| 34 | 642 | Zuzu, Michael | | M50 | 399 | 323 | 0:58:20 | 0:59:13 | 10,3 | 5,50 |
| 35 | 696 | van Disseldorp, Louis | 57 Netherlands | M50 | 406 | 329 | 0:59:04 | 0:59:35 | 10,2 | 5,54 |
| 36 | 65 | Briggs, Paul | 56 Australia | M50 | 411 | 331 | 0:59:30 | 1:00:26 | 10,1 | 5,57 |
| 37 | 188 | Gordyn, Willy | 57 Belgium | M50 | 469 | 352 | 1:05:55 | 1:06:29 | 9,1 | 6,36 |
| 38 | 61 | Brauer, Kevin | 59 United States of America | M50 | 494 | 363 | 1:12:28 | 1:13:27 | 8,3 | 7,15 |

Altersklasse: M55

| Platz | Startnr | Name, Vorname | Jg Land | Ak | Pos | M/W | Netto | Brutto | km/h | min/km |
|-------|---------|---------------------|-----------------------------|-----|-----|-----|---------|---------|------|--------|
| 1 | 265 | Johnson, Dennis | 54 Australia | M55 | 71 | 68 | 0:42:20 | 0:42:29 | 14,2 | 4,14 |
| 2 | 93 | Clark, Alden | 51 United States of America | M55 | 152 | 140 | 0:46:16 | 0:46:26 | 13,0 | 4,38 |
| 3 | 469 | Revell, Adrian | 54 Australia | M55 | 154 | 142 | 0:46:20 | 0:46:46 | 12,9 | 4,38 |
| 4 | 113 | Dassey, David | 50 United States of America | M55 | 182 | 166 | 0:47:35 | 0:48:08 | 12,6 | 4,46 |
| 5 | 532 | Scorsone, Ernesto | 52 United States of America | M55 | 191 | 175 | 0:48:04 | 0:48:37 | 12,5 | 4,48 |
| 6 | 629 | Winkelmann, Bill | 52 United States of America | M55 | 237 | 213 | 0:49:39 | 0:50:15 | 12,1 | 4,58 |
| 7 | 51 | Born, Peter | 51 Germany | M55 | 238 | 214 | 0:49:41 | 0:49:58 | 12,1 | 4,58 |
| 8 | 92 | Chiola, Tom | 52 United States of America | M55 | 264 | 238 | 0:50:44 | 0:51:32 | 11,8 | 5,04 |
| 9 | 687 | van der Sman, Peter | 51 Netherlands | M55 | 310 | 269 | 0:52:57 | 0:53:39 | 11,3 | 5,18 |
| 10 | 571 | Sumner, Michael | 50 New Zealand | M55 | 345 | 294 | 0:54:52 | 0:55:22 | 10,9 | 5,29 |
| 11 | 599 | Vandyk, Russell | 54 United Kingdom | M55 | 360 | 304 | 0:55:44 | 0:56:22 | 10,8 | 5,34 |
| 12 | 669 | Trommer, Joachim | Germany | M55 | 375 | 313 | 0:57:02 | 0:57:57 | 10,5 | 5,42 |
| 13 | 235 | Höing, Werner | 52 Germany | M55 | 390 | 317 | 0:57:56 | 0:58:22 | 10,4 | 5,48 |
| 14 | 187 | Goldstein, John | 51 United States of America | M55 | 422 | 335 | 1:01:03 | 1:01:55 | 9,8 | 6,06 |
| 15 | 280 | Kazakidis, Georgios | 55 Germany | M55 | 439 | 341 | 1:02:25 | 1:02:44 | 9,6 | 6,15 |
| 16 | 598 | van Straaten, Jaap | 54 Netherlands | M55 | 459 | 346 | 1:04:02 | 1:04:27 | 9,4 | 6,24 |
| 17 | 137 | Duggan, Ray | 52 Canada | M55 | 482 | 358 | 1:07:56 | 1:08:08 | 8,8 | 6,48 |

Altersklasse: M60

| Platz | Startnr | Name, Vorname | Jg Land | Ak | Pos | M/W | Netto | Brutto | km/h | min/km |
|-------|---------|----------------------|-----------------------------|-----|-----|-----|---------|---------|------|--------|
| 1 | 402 | Nelson, Richard | 47 United States of America | M60 | 90 | 83 | 0:43:41 | 0:43:49 | 13,7 | 4,22 |
| 2 | 58 | Box, James | 46 Australia | M60 | 123 | 114 | 0:45:20 | 0:45:33 | 13,2 | 4,32 |
| 3 | 477 | Rodgers, Stephen | 46 United States of America | M60 | 173 | 159 | 0:47:13 | 0:48:13 | 12,7 | 4,43 |
| 4 | 22 | Benamy-Hackel, Klaus | 50 United States of America | M60 | 201 | 185 | 0:48:25 | 0:48:57 | 12,4 | 4,51 |
| 5 | 401 | Nederhoff, Ad | 50 Netherlands | M60 | 246 | 222 | 0:49:53 | 0:50:19 | 12,0 | 4,59 |
| 6 | 181 | Girard, Jean | 46 France | M60 | 255 | 229 | 0:50:12 | 0:50:31 | 12,0 | 5,01 |
| 7 | 656 | Buckley, Jerry | United States of America | M60 | 273 | 245 | 0:51:02 | 0:51:35 | 11,8 | 5,06 |
| 8 | 575 | Szwajkos, Robert | 47 United States of America | M60 | 338 | 289 | 0:54:36 | 0:54:55 | 11,0 | 5,28 |
| 9 | 344 | Leykamm, Frank | 48 United States of America | M60 | 356 | 301 | 0:55:31 | 0:56:12 | 10,8 | 5,33 |
| 10 | 648 | Zeller, Norbert | Germany | M60 | 480 | 357 | 1:07:53 | 1:08:46 | 8,8 | 6,47 |

Altersklasse: M65

| Platz | Startnr | Name, Vorname | Jg Land | Ak | Pos | M/W | Netto | Brutto | km/h | min/km |
|-------|---------|---------------------|-----------------------------|-----|-----|-----|---------|---------|------|--------|
| 1 | 643 | Pitches, David | | M65 | 127 | 117 | 0:45:26 | 0:45:46 | 13,2 | 4,33 |
| 2 | 153 | Farrington, Charlie | 44 United States of America | M65 | 155 | 143 | 0:46:22 | 0:46:36 | 12,9 | 4,38 |
| 3 | 50 | Bonrath, Hans | 42 Germany | M65 | 223 | 199 | 0:49:10 | 0:49:53 | 12,2 | 4,55 |
| 4 | 543 | Simpson, Guy | 45 United States of America | M65 | 340 | 291 | 0:54:38 | 0:55:34 | 11,0 | 5,28 |
| 5 | 472 | Risser, Julien | 42 France | M65 | 401 | 325 | 0:58:31 | 0:58:41 | 10,3 | 5,51 |

Altersklasse: M70

| Platz | Startnr | Name, Vorname | Jg Land | Ak | Pos | M/W | Netto | Brutto | km/h | min/km |
|-------|---------|---------------|---------|----|-----|-----|-------|--------|------|--------|
|-------|---------|---------------|---------|----|-----|-----|-------|--------|------|--------|



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Altersklasse: M70

| Platz | Startnr | Name, Vorname | Jg | Land | Ak | Pos | M/W | Netto | Brutto | km/h | min/km |
|-------|---------|----------------|----|-------------|-----|-----|-----|---------|---------|------|--------|
| 1 | 17 | Bartels, Peter | 39 | Netherlands | M70 | 224 | 200 | 0:49:12 | 0:49:14 | 12,2 | 4,55 |

Altersklasse: M75

| Platz | Startnr | Name, Vorname | Jg | Land | Ak | Pos | M/W | Netto | Brutto | km/h | min/km |
|-------|---------|---------------|----|--------------------------|-----|-----|-----|---------|---------|------|--------|
| 1 | 452 | Pyle, Edward | 35 | United States of America | M75 | 440 | 342 | 1:02:28 | 1:03:19 | 9,6 | 6,15 |

Altersklasse: MHK

| Platz | Startnr | Name, Vorname | Jg | Land | Ak | Pos | M/W | Netto | Brutto | km/h | min/km |
|-------|---------|--------------------|----|--------------------------|-----|-----|-----|---------|---------|------|--------|
| 1 | 172 | Garcia, Miguel | 86 | Spain | MHK | 1 | 1 | 0:34:22 | 0:34:24 | 17,5 | 3,26 |
| 2 | 422 | Orellana, Steven | 87 | United States of America | MHK | 9 | 9 | 0:36:22 | 0:36:24 | 16,5 | 3,38 |
| 3 | 474 | Robbins, Timothy | 81 | Canada | MHK | 26 | 26 | 0:38:39 | 0:38:46 | 15,5 | 3,52 |
| 4 | 666 | Brennan, Paul J. | | Ireland | MHK | 30 | 30 | 0:39:01 | 0:39:05 | 15,4 | 3,54 |
| 5 | 96 | Cocciolo, Anthony | 80 | United States of America | MHK | 35 | 34 | 0:39:34 | 0:39:42 | 15,2 | 3,57 |
| 6 | 307 | Köhler, Christian | 87 | Germany | MHK | 56 | 54 | 0:41:31 | 0:41:55 | 14,4 | 4,09 |
| 7 | 548 | Soh, Weiming | 80 | New Zealand | MHK | 60 | 57 | 0:41:39 | 0:41:50 | 14,4 | 4,10 |
| 8 | 667 | Chikara, Onda | | United States of America | MHK | 68 | 65 | 0:42:08 | 0:42:53 | 14,2 | 4,13 |
| 9 | 607 | Voigt, Jim | 89 | Germany | MHK | 79 | 74 | 0:42:52 | 0:43:06 | 14,0 | 4,17 |
| 10 | 46 | Boggs, Patrick | 80 | United States of America | MHK | 81 | 75 | 0:42:56 | 0:43:21 | 14,0 | 4,18 |
| 11 | 180 | Gildea, Brendan | 87 | Ireland | MHK | 97 | 89 | 0:43:59 | 0:44:27 | 13,6 | 4,24 |
| 12 | 619 | Wedam, Garrett | 82 | United States of America | MHK | 106 | 98 | 0:44:32 | 0:44:41 | 13,5 | 4,27 |
| 13 | 405 | Ng, Anthony | 83 | United States of America | MHK | 146 | 134 | 0:46:05 | 0:46:14 | 13,0 | 4,37 |
| 14 | 295 | Kirchofer, Charles | 82 | Austria | MHK | 215 | 194 | 0:48:56 | 0:49:52 | 12,3 | 4,54 |
| 15 | 266 | Johnson, Scott | 84 | United States of America | MHK | 243 | 219 | 0:49:44 | 0:49:55 | 12,1 | 4,58 |
| 16 | 203 | Habjan, Andrej | 80 | Slovenia | MHK | 245 | 221 | 0:49:52 | 0:50:21 | 12,0 | 4,59 |
| 17 | 618 | Wang, Yao-Tseng | 85 | United States of America | MHK | 261 | 235 | 0:50:37 | 0:51:01 | 11,9 | 5,04 |
| 18 | 361 | Maljevac, Simon | 81 | Slovenia | MHK | 448 | 343 | 1:03:07 | 1:03:49 | 9,5 | 6,19 |
| 19 | 333 | Larjavaara, Ilmari | 69 | Finland | MHK | 463 | 350 | 1:04:38 | 1:05:24 | 9,3 | 6,28 |
| 20 | 520 | Schock, Norman | 79 | Germany | MHK | 464 | 351 | 1:04:53 | 1:05:17 | 9,2 | 6,29 |



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Altersklasse: W30

| Platz | Startnr | Name, Vorname | Jg Land | Ak | Pos | M/W | Netto | Brutto | km/h | min/km |
|-------|---------|---------------------|-------------------|-----|-----|-----|---------|---------|------|--------|
| 1 | 122 | Dickson, Suran | 77 United Kingdom | W30 | 34 | 1 | 0:39:31 | 0:39:34 | 15,2 | 3,57 |
| 2 | 650 | Regelink, Robin | Netherlands | W30 | 113 | 9 | 0:44:52 | 0:45:32 | 13,4 | 4,29 |
| 3 | 377 | Mechin, Berangere | 79 France | W30 | 206 | 19 | 0:48:42 | 0:48:59 | 12,3 | 4,52 |
| 4 | 82 | Buthelezi, Hlengiwe | 79 South Africa | W30 | 208 | 20 | 0:48:46 | 0:48:48 | 12,3 | 4,53 |
| 5 | 524 | Schreich, Eva | 77 Germany | W30 | 209 | 21 | 0:48:51 | 0:49:04 | 12,3 | 4,53 |
| 6 | 577 | Temmer, Manuela | 76 Austria | W30 | 313 | 42 | 0:53:02 | 0:53:27 | 11,3 | 5,18 |
| 7 | 657 | Linsssen, Frederike | Netherlands | W30 | 344 | 51 | 0:54:49 | 0:55:29 | 10,9 | 5,29 |
| 8 | 157 | Ferris, Michelle | 76 Australia | W30 | 383 | 69 | 0:57:33 | 0:58:06 | 10,4 | 5,45 |
| 9 | 123 | Diemer, Julia | 78 Germany | W30 | 402 | 77 | 0:58:34 | 0:59:21 | 10,2 | 5,51 |
| 10 | 313 | Konzmann, Susanna | 75 Germany | W30 | 490 | 129 | 1:11:03 | 1:11:41 | 8,4 | 7,06 |

Altersklasse: W35

| Platz | Startnr | Name, Vorname | Jg Land | Ak | Pos | M/W | Netto | Brutto | km/h | min/km |
|-------|---------|----------------------|-----------------------------|-----|-----|-----|---------|---------|------|--------|
| 1 | 142 | Eiband, Alexandra | 73 Germany | W35 | 42 | 2 | 0:39:50 | 0:39:52 | 15,1 | 3,59 |
| 2 | 591 | Valencia, Miriam | 74 United Kingdom | W35 | 94 | 8 | 0:43:53 | 0:44:11 | 13,7 | 4,23 |
| 3 | 103 | Conway, Julia | 72 United Kingdom | W35 | 126 | 10 | 0:45:26 | 0:45:32 | 13,2 | 4,33 |
| 4 | 297 | Klein, Alexandra | 74 Germany | W35 | 130 | 11 | 0:45:38 | 0:45:47 | 13,1 | 4,34 |
| 5 | 385 | Moers, Cordula | 72 Germany | W35 | 179 | 15 | 0:47:28 | 0:47:55 | 12,6 | 4,45 |
| 6 | 4 | Aeschbacher, Corinne | 71 Switzerland | W35 | 217 | 22 | 0:48:58 | 0:49:31 | 12,3 | 4,54 |
| 7 | 536 | Seregely, Beata | 71 Hungary | W35 | 219 | 23 | 0:48:59 | 0:49:31 | 12,2 | 4,54 |
| 8 | 424 | Padmore, Shinelle | 73 United Kingdom | W35 | 268 | 28 | 0:50:53 | 0:51:29 | 11,8 | 5,05 |
| 9 | 517 | Schneider, Birgit | 71 Germany | W35 | 287 | 34 | 0:51:50 | 0:52:07 | 11,6 | 5,11 |
| 10 | 349 | Lotockyj, Evangelina | 74 Germany | W35 | 289 | 35 | 0:51:55 | 0:52:37 | 11,6 | 5,12 |
| 11 | 211 | Heider, Stefanie | 73 Germany | W35 | 294 | 38 | 0:52:05 | 0:52:37 | 11,5 | 5,13 |
| 12 | 410 | Nordlund, Elisa | 72 Finland | W35 | 296 | 39 | 0:52:08 | 0:52:17 | 11,5 | 5,13 |
| 13 | 44 | Böcker, Nicola | 75 Germany | W35 | 329 | 47 | 0:54:00 | 0:54:14 | 11,1 | 5,24 |
| 14 | 356 | Macaud, Audrey | 74 France | W35 | 331 | 49 | 0:54:07 | 0:54:31 | 11,1 | 5,25 |
| 15 | 52 | Boros, Gyorgyi | 74 Hungary | W35 | 358 | 56 | 0:55:42 | 0:56:15 | 10,8 | 5,34 |
| 16 | 644 | Dautzenberg, Ann | Switzerland | W35 | 367 | 60 | 0:56:20 | 0:57:12 | 10,6 | 5,38 |
| 17 | 416 | Ofaherty, Maebh | 75 Germany | W35 | 380 | 67 | 0:57:19 | 0:58:10 | 10,5 | 5,44 |
| 18 | 71 | Bucher, Clarissa | 72 Germany | W35 | 381 | 68 | 0:57:22 | 0:58:13 | 10,5 | 5,44 |
| 19 | 23 | Béres-Deák, Rita | 71 Hungary | W35 | 389 | 73 | 0:57:52 | 0:58:24 | 10,4 | 5,47 |
| 20 | 276 | Karge, Imke | 70 Germany | W35 | 407 | 78 | 0:59:12 | 0:59:35 | 10,1 | 5,55 |
| 21 | 374 | McKnight, Nikki | 74 United Kingdom | W35 | 408 | 79 | 0:59:15 | 0:59:52 | 10,1 | 5,56 |
| 22 | 174 | Gebert, Claudia | 71 United States of America | W35 | 419 | 86 | 1:00:12 | 1:00:55 | 10,0 | 6,01 |
| 23 | 74 | Buechle, Corina | 73 Switzerland | W35 | 434 | 95 | 1:02:15 | 1:02:56 | 9,6 | 6,14 |
| 24 | 205 | Hallauer, Claudia | 74 Switzerland | W35 | 435 | 96 | 1:02:18 | 1:02:56 | 9,6 | 6,14 |
| 25 | 601 | Vennemann, Ute | 70 Germany | W35 | 475 | 122 | 1:06:27 | 1:07:10 | 9,0 | 6,39 |
| 26 | 569 | Sturm, Sabine | 71 Germany | W35 | 483 | 125 | 1:08:37 | 1:09:16 | 8,7 | 6,52 |
| 27 | 606 | Voelckner, Annette | 72 Germany | W35 | 504 | 140 | 1:17:21 | 1:17:32 | 7,8 | 7,44 |

Altersklasse: W40

| Platz | Startnr | Name, Vorname | Jg Land | Ak | Pos | M/W | Netto | Brutto | km/h | min/km |
|-------|---------|------------------------|----------------|-----|-----|-----|---------|---------|------|--------|
| 1 | 89 | Cavanagh, Louise | 68 Ireland | W40 | 58 | 3 | 0:41:32 | 0:41:35 | 14,4 | 4,09 |
| 2 | 86 | Canales, Fatima | 70 Spain | W40 | 74 | 4 | 0:42:24 | 0:42:35 | 14,2 | 4,14 |
| 3 | 486 | Roth, Beatrice | 69 Switzerland | W40 | 77 | 5 | 0:42:51 | 0:42:54 | 14,0 | 4,17 |
| 4 | 537 | Schmitz, Anne | 69 Germany | W40 | 168 | 13 | 0:46:50 | 0:46:55 | 12,8 | 4,41 |
| 5 | 647 | Bailey, Jackie | United Kingdom | W40 | 171 | 14 | 0:46:55 | 0:47:33 | 12,8 | 4,42 |
| 6 | 305 | Kohlenberg, Silke | 70 Germany | W40 | 180 | 16 | 0:47:31 | 0:48:08 | 12,6 | 4,45 |
| 7 | 441 | Pilz, Michelle Manuela | 67 Switzerland | W40 | 205 | 18 | 0:48:36 | 0:48:55 | 12,3 | 4,52 |
| 8 | 232 | Hinteregger, Brigitte | 67 Austria | W40 | 267 | 27 | 0:50:53 | 0:51:32 | 11,8 | 5,05 |
| 9 | 353 | Ludwa, Prisca | 67 Switzerland | W40 | 282 | 31 | 0:51:34 | 0:52:24 | 11,6 | 5,09 |
| 10 | 12 | Axelsson, Mia | 68 Sweden | W40 | 285 | 33 | 0:51:45 | 0:52:01 | 11,6 | 5,11 |
| 11 | 224 | Hentschke, Felicitas | 67 Germany | W40 | 302 | 40 | 0:52:23 | 0:52:26 | 11,5 | 5,14 |
| 12 | 225 | Herber, Manuela | 67 Germany | W40 | 315 | 44 | 0:53:07 | 0:53:47 | 11,3 | 5,19 |
| 13 | 328 | Kürten, Gabriele | 66 Germany | W40 | 342 | 50 | 0:54:43 | 0:54:58 | 11,0 | 5,28 |
| 14 | 125 | Dijkstra, Annemarie | 68 Netherlands | W40 | 350 | 52 | 0:55:13 | 0:55:47 | 10,9 | 5,31 |
| 15 | 210 | Hebeisen, Yvonne | 66 Switzerland | W40 | 351 | 53 | 0:55:14 | 0:55:50 | 10,9 | 5,31 |
| 16 | 244 | Houghton, Gill | 65 Switzerland | W40 | 353 | 54 | 0:55:19 | 0:56:11 | 10,8 | 5,32 |
| 17 | 514 | Schmidt, Iulia | 68 Germany | W40 | 364 | 59 | 0:56:06 | 0:56:47 | 10,7 | 5,37 |



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Altersklasse: W40

| Platz | Startnr | Name, Vorname | Jg Land | Ak | Pos | M/W | Netto | Brutto | km/h | min/km |
|-------|---------|--------------------------|-----------------------------|-----|-----|-----|---------|---------|------|--------|
| 18 | 602 | Viard, Nathalie | 68 France | W40 | 378 | 65 | 0:57:08 | 0:57:33 | 10,5 | 5,43 |
| 19 | 135 | Kurz, Dr. Antje | 70 Germany | W40 | 392 | 74 | 0:58:01 | 0:58:18 | 10,3 | 5,48 |
| 20 | 458 | Rageth, Sonja | 64 Switzerland | W40 | 409 | 80 | 0:59:27 | 1:00:22 | 10,1 | 5,57 |
| 21 | 306 | Kohler, Yvonne | 67 Germany | W40 | 414 | 82 | 0:59:44 | 1:00:25 | 10,0 | 5,58 |
| 22 | 343 | Leu, Melanie | 66 United States of America | W40 | 426 | 90 | 1:01:43 | 1:02:26 | 9,7 | 6,10 |
| 23 | 326 | Kühr, Elke | 66 Germany | W40 | 429 | 91 | 1:01:50 | 1:02:17 | 9,7 | 6,11 |
| 24 | 468 | Reuter, Claudia | 68 Germany | W40 | 432 | 93 | 1:02:08 | 1:02:39 | 9,7 | 6,13 |
| 25 | 69 | Brunzel, Michaela | 65 Sweden | W40 | 438 | 98 | 1:02:23 | 1:02:31 | 9,6 | 6,14 |
| 26 | 105 | Cormann, Susanne | 68 Germany | W40 | 444 | 102 | 1:02:52 | 1:03:18 | 9,5 | 6,17 |
| 27 | 595 | van der Schrier, Jolanda | 67 Netherlands | W40 | 446 | 104 | 1:03:06 | 1:03:39 | 9,5 | 6,19 |
| 28 | 148 | Eng-Kämpfer, Barbara | 68 Switzerland | W40 | 447 | 105 | 1:03:06 | 1:04:05 | 9,5 | 6,19 |
| 29 | 140 | Egelkraut, Renate | 67 Germany | W40 | 453 | 109 | 1:03:36 | 1:04:23 | 9,4 | 6,22 |
| 30 | 684 | Werner, Renate | | W40 | 454 | 110 | 1:03:36 | 1:04:34 | 9,4 | 6,22 |
| 31 | 179 | Giese, Barbara | 68 Germany | W40 | 455 | 111 | 1:03:36 | 1:04:34 | 9,4 | 6,22 |
| 32 | 145 | Eklund, Ingegerd | 67 Sweden | W40 | 457 | 113 | 1:03:57 | 1:04:33 | 9,4 | 6,24 |
| 33 | 182 | Giribaldi, Anna | 68 Germany | W40 | 468 | 117 | 1:05:43 | 1:06:36 | 9,1 | 6,34 |
| 34 | 325 | Kuhn, Tanja | 66 Germany | W40 | 470 | 118 | 1:05:58 | 1:06:54 | 9,1 | 6,36 |
| 35 | 238 | Hoppe, Sabine | 65 Germany | W40 | 472 | 119 | 1:06:25 | 1:06:47 | 9,0 | 6,39 |
| 36 | 277 | Karrasch, Angelika | 69 Germany | W40 | 473 | 120 | 1:06:27 | 1:07:10 | 9,0 | 6,39 |
| 37 | 278 | Karrasch, Nicola | 68 Germany | W40 | 474 | 121 | 1:06:27 | 1:07:10 | 9,0 | 6,39 |
| 38 | 56 | Bout, Kyra | 66 Netherlands | W40 | 481 | 124 | 1:07:53 | 1:08:46 | 8,8 | 6,47 |
| 39 | 32 | Bilbey, Nina | 67 United Kingdom | W40 | 485 | 126 | 1:09:27 | 1:10:24 | 8,6 | 6,57 |
| 40 | 372 | McDonald, Susanna | 67 United States of America | W40 | 487 | 128 | 1:10:14 | 1:10:58 | 8,5 | 7,01 |
| 41 | 227 | Hertel, Claudia | 68 Germany | W40 | 495 | 132 | 1:12:29 | 1:13:00 | 8,3 | 7,15 |
| 42 | 208 | Harth, Ulrike | 69 Germany | W40 | 497 | 134 | 1:13:53 | 1:14:47 | 8,1 | 7,23 |
| 43 | 118 | Deilmann, Anja | 65 Germany | W40 | 503 | 139 | 1:17:20 | 1:17:32 | 7,8 | 7,44 |
| 44 | 554 | Steilberg, Stefanie | 69 Germany | W40 | 508 | 141 | 1:19:12 | 1:20:06 | 7,6 | 7,55 |

Altersklasse: W45

| Platz | Startnr | Name, Vorname | Jg Land | Ak | Pos | M/W | Netto | Brutto | km/h | min/km |
|-------|---------|--------------------------|-----------------------------|-----|-----|-----|---------|---------|------|--------|
| 1 | 57 | Bouwmeester, Lianne | 61 Netherlands | W45 | 84 | 7 | 0:43:14 | 0:43:17 | 13,9 | 4,19 |
| 2 | 268 | Kahan, Judith | 62 United States of America | W45 | 250 | 25 | 0:49:59 | 0:50:44 | 12,0 | 5,00 |
| 3 | 255 | Jaeger, Corinna | 63 Germany | W45 | 280 | 30 | 0:51:25 | 0:51:55 | 11,7 | 5,09 |
| 4 | 189 | Görtz, Margret | 62 Germany | W45 | 283 | 32 | 0:51:40 | 0:51:45 | 11,6 | 5,10 |
| 5 | 141 | Eggeling, Tatjana | 63 Germany | W45 | 291 | 36 | 0:51:57 | 0:52:01 | 11,5 | 5,12 |
| 6 | 296 | Kitschenberg, Anne | 65 Germany | W45 | 292 | 37 | 0:52:05 | 0:52:30 | 11,5 | 5,13 |
| 7 | 233 | Hochreuter, Anna | 64 Germany | W45 | 303 | 41 | 0:52:23 | 0:53:04 | 11,5 | 5,14 |
| 8 | 222 | Hensch, Bernadette | 62 Switzerland | W45 | 323 | 46 | 0:53:38 | 0:53:59 | 11,2 | 5,22 |
| 9 | 258 | Jansen, Jorien | 63 Netherlands | W45 | 330 | 48 | 0:54:01 | 0:54:30 | 11,1 | 5,24 |
| 10 | 652 | Arthur, Elizabeth | United States of America | W45 | 354 | 55 | 0:55:24 | 0:56:08 | 10,8 | 5,32 |
| 11 | 219 | Hendrichs, Birgit | 61 Germany | W45 | 362 | 57 | 0:55:56 | 0:56:45 | 10,7 | 5,36 |
| 12 | 547 | Soederblom, Kerstin | 63 Germany | W45 | 377 | 64 | 0:57:08 | 0:57:31 | 10,5 | 5,43 |
| 13 | 287 | Kerins, Martina | 62 Ireland | W45 | 417 | 84 | 0:59:56 | 1:00:07 | 10,0 | 6,00 |
| 14 | 298 | Klein - Giesler, Susanne | 62 Germany | W45 | 418 | 85 | 1:00:11 | 1:01:01 | 10,0 | 6,01 |
| 15 | 594 | van der Schrier, Jantien | 63 Netherlands | W45 | 421 | 87 | 1:00:54 | 1:01:28 | 9,9 | 6,05 |
| 16 | 200 | Gryzla, Ute | 63 Germany | W45 | 423 | 88 | 1:01:20 | 1:02:00 | 9,8 | 6,08 |
| 17 | 68 | Bruckmeier, Petra | 64 Germany | W45 | 425 | 89 | 1:01:37 | 1:02:28 | 9,7 | 6,10 |
| 18 | 167 | Friedrich, Ute | 61 Germany | W45 | 431 | 92 | 1:02:06 | 1:02:27 | 9,7 | 6,13 |
| 19 | 435 | Pelt, Kitty | 62 Switzerland | W45 | 433 | 94 | 1:02:13 | 1:03:03 | 9,6 | 6,13 |
| 20 | 420 | O'Neill, Fiona | 65 Ireland | W45 | 436 | 97 | 1:02:20 | 1:03:03 | 9,6 | 6,14 |
| 21 | 220 | Hendriks, Janien | 64 Netherlands | W45 | 441 | 99 | 1:02:33 | 1:02:57 | 9,6 | 6,15 |
| 22 | 5 | Al-Kass, Sonia | 62 Germany | W45 | 465 | 114 | 1:05:10 | 1:05:52 | 9,2 | 6,31 |
| 23 | 342 | Leong, Helene | 60 United States of America | W45 | 466 | 115 | 1:05:23 | 1:06:07 | 9,2 | 6,32 |
| 24 | 314 | Konzmann, Vera | 65 Germany | W45 | 491 | 130 | 1:11:03 | 1:11:41 | 8,4 | 7,06 |
| 25 | 184 | Gleibs, Annette | 63 Germany | W45 | 499 | 136 | 1:13:54 | 1:14:47 | 8,1 | 7,23 |
| 26 | 294 | Kirchner, Sarah | 64 Germany | W45 | 502 | 138 | 1:17:00 | 1:17:58 | 7,8 | 7,42 |
| 27 | 229 | Hilbrandt, Martina | 63 Germany | W45 | 509 | 142 | 1:19:12 | 1:20:06 | 7,6 | 7,55 |
| 28 | 322 | Krutwig, Gabi | 62 Germany | W45 | 510 | 143 | 1:19:13 | 1:20:06 | 7,6 | 7,55 |



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Altersklasse: W50

| Platz | Startnr | Name, Vorname | Jg Land | Ak | Pos | M/W | Netto | Brutto | km/h | min/km |
|-------|---------|-------------------------|-----------------------------|-----|-----|-----|---------|---------|------|--------|
| 1 | 503 | Sauvala, Kielo | 57 United States of America | W50 | 278 | 29 | 0:51:13 | 0:51:37 | 11,7 | 5,07 |
| 2 | 445 | Pollmann, Brigitte | 59 Germany | W50 | 314 | 43 | 0:53:06 | 0:53:46 | 11,3 | 5,19 |
| 3 | 646 | Thelen, Isabel | Germany | W50 | 373 | 61 | 0:56:42 | 0:57:05 | 10,6 | 5,40 |
| 4 | 603 | Vienenkötter, Jutta | 60 Germany | W50 | 376 | 63 | 0:57:07 | 0:57:54 | 10,5 | 5,43 |
| 5 | 559 | Stillger, Christa-Maria | 59 Germany | W50 | 379 | 66 | 0:57:12 | 0:58:01 | 10,5 | 5,43 |
| 6 | 33 | Billstein, Katharina | 59 Ghana | W50 | 386 | 71 | 0:57:45 | 0:58:26 | 10,4 | 5,47 |
| 7 | 175 | Geffroy, Brigitte | 59 France | W50 | 388 | 72 | 0:57:51 | 0:58:16 | 10,4 | 5,47 |
| 8 | 549 | Sonnefeld, Heike | 58 Germany | W50 | 393 | 75 | 0:58:04 | 0:58:25 | 10,3 | 5,48 |
| 9 | 466 | Reinhold, Edith | 56 Germany | W50 | 397 | 76 | 0:58:17 | 0:59:04 | 10,3 | 5,50 |
| 10 | 359 | Malcolm, Diahann E | 57 United States of America | W50 | 413 | 81 | 0:59:43 | 1:00:09 | 10,0 | 5,58 |
| 11 | 649 | Brasch, Nikolina | Germany | W50 | 415 | 83 | 0:59:45 | 1:00:00 | 10,0 | 5,59 |
| 12 | 396 | Müller, Ute | 58 Germany | W50 | 442 | 100 | 1:02:43 | 1:03:14 | 9,6 | 6,16 |
| 13 | 641 | Richartz, Karin | Germany | W50 | 443 | 101 | 1:02:51 | 1:03:21 | 9,5 | 6,17 |
| 14 | 483 | Rohrmoser, Felicitas | 56 Germany | W50 | 450 | 106 | 1:03:22 | 1:03:36 | 9,5 | 6,20 |
| 15 | 550 | Sotheran, Jeannie | 57 Australia | W50 | 451 | 107 | 1:03:27 | 1:04:16 | 9,5 | 6,21 |
| 16 | 442 | Platen, Petra | 59 Germany | W50 | 486 | 127 | 1:09:46 | 1:10:07 | 8,6 | 6,59 |
| 17 | 675 | Schmidt, Anneke | Germany | W50 | 493 | 131 | 1:12:01 | 1:12:48 | 8,3 | 7,12 |
| 18 | 564 | Stricker, Marie | 58 Germany | W50 | 498 | 134 | 1:13:53 | 1:14:48 | 8,1 | 7,23 |

Altersklasse: W55

| Platz | Startnr | Name, Vorname | Jg Land | Ak | Pos | M/W | Netto | Brutto | km/h | min/km |
|-------|---------|----------------------|----------------|-----|-----|-----|---------|---------|------|--------|
| 1 | 487 | Rowe, Kate | 51 Australia | W55 | 204 | 17 | 0:48:35 | 0:48:47 | 12,3 | 4,52 |
| 2 | 66 | Brown, Allison | 55 Germany | W55 | 318 | 45 | 0:53:16 | 0:53:31 | 11,3 | 5,20 |
| 3 | 116 | de Waal, Jeanet | 51 Netherlands | W55 | 363 | 58 | 0:56:04 | 0:56:33 | 10,7 | 5,36 |
| 4 | 676 | Gomez, Marguerite | Germany | W55 | 374 | 62 | 0:56:56 | 0:56:57 | 10,5 | 5,42 |
| 5 | 202 | Gutzmann, Anne | 53 Germany | W55 | 385 | 70 | 0:57:44 | 0:58:23 | 10,4 | 5,46 |
| 6 | 447 | Postma, Jet | 54 Netherlands | W55 | 445 | 103 | 1:02:56 | 1:03:26 | 9,5 | 6,18 |
| 7 | 221 | Hendry, Khati | 50 Canada | W55 | 452 | 108 | 1:03:33 | 1:04:09 | 9,4 | 6,21 |
| 8 | 482 | Rohrmoser, Eva-Maria | 54 Germany | W55 | 479 | 123 | 1:07:51 | 1:08:02 | 8,8 | 6,47 |
| 9 | 59 | Brandt, Renate | 51 Germany | W55 | 496 | 133 | 1:12:46 | 1:12:52 | 8,2 | 7,17 |

Altersklasse: W65

| Platz | Startnr | Name, Vorname | Jg Land | Ak | Pos | M/W | Netto | Brutto | km/h | min/km |
|-------|---------|-----------------------|-----------------------------|-----|-----|-----|---------|---------|------|--------|
| 1 | 509 | Schiemann, Sabine | 45 Germany | W65 | 456 | 112 | 1:03:55 | 1:04:24 | 9,4 | 6,24 |
| 2 | 25 | Berger, Inger-Johanne | 44 United States of America | W65 | 501 | 137 | 1:15:53 | 1:16:41 | 7,9 | 7,35 |

Altersklasse: W70

| Platz | Startnr | Name, Vorname | Jg Land | Ak | Pos | M/W | Netto | Brutto | km/h | min/km |
|-------|---------|---------------|-----------------------------|-----|-----|-----|---------|---------|------|--------|
| 1 | 128 | Dods, Jane | 35 United States of America | W70 | 467 | 116 | 1:05:35 | 1:05:46 | 9,1 | 6,34 |

Altersklasse: WHK

| Platz | Startnr | Name, Vorname | Jg Land | Ak | Pos | M/W | Netto | Brutto | km/h | min/km |
|-------|---------|--------------------|-------------------|-----|-----|-----|---------|---------|------|--------|
| 1 | 327 | Kümmel, Anne | 77 Switzerland | WHK | 80 | 6 | 0:42:53 | 0:43:27 | 14,0 | 4,17 |
| 2 | 338 | le Vaguères, Chloe | 80 France | WHK | 140 | 12 | 0:46:00 | 0:46:06 | 13,0 | 4,36 |
| 3 | 18 | Beazley, Imogen | 82 United Kingdom | WHK | 220 | 24 | 0:49:06 | 0:49:21 | 12,2 | 4,55 |
| 4 | 331 | Lambert, Cecile | 82 France | WHK | 251 | 26 | 0:50:00 | 0:50:17 | 12,0 | 5,00 |



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Männer

| Platz | Startnr | Name, Vorname | Jg | Land | Ak | Pl-Ak | Pos | Netto | Brutto | Runde1 | Runde2 |
|-------|---------|-----------------------|----|--------------------------|-----|-------|-----|---------|---------|--------|--------|
| 1 | 172 | Garcia, Miguel | 86 | Spain | MHK | 1 | 1 | 0:34:22 | 0:34:24 | 17:28 | 16:53 |
| 2 | 121 | Dickson, Nicholas | 74 | United Kingdom | M35 | 1 | 2 | 0:34:41 | 0:34:44 | 17:33 | 17:07 |
| 3 | 98 | Colaes, Stefan | 75 | Belgium | M35 | 2 | 3 | 0:34:58 | 0:35:00 | 17:29 | 17:29 |
| 4 | 673 | Kealey, Séamus | | | M30 | 1 | 4 | 0:35:23 | 0:35:24 | 17:29 | 17:54 |
| 5 | 216 | Hellemond, Bart | 79 | Belgium | M30 | 2 | 5 | 0:35:38 | 0:35:38 | 17:30 | 18:07 |
| 6 | 85 | Campbell, Malcolm | 71 | Australia | M35 | 3 | 6 | 0:35:44 | 0:35:45 | 17:29 | 18:15 |
| 7 | 492 | Saadani, Abdellah | 67 | Germany | M40 | 1 | 7 | 0:35:46 | 0:35:49 | 17:29 | 18:17 |
| 8 | 639 | Ziemann, Ulf | 68 | Germany | M40 | 2 | 8 | 0:36:15 | 0:36:17 | 17:37 | 18:38 |
| 9 | 422 | Orellana, Steven | 87 | United States of America | MHK | 2 | 9 | 0:36:22 | 0:36:24 | 18:05 | 18:17 |
| 10 | 2 | Abel, Niki | 80 | Germany | M30 | 3 | 10 | 0:36:27 | 0:36:29 | 18:21 | 18:06 |
| 11 | 312 | Konya, Tedd | 80 | Canada | M30 | 4 | 11 | 0:36:38 | 0:36:43 | 18:03 | 18:35 |
| 12 | 63 | Brennan, Phil | 65 | United States of America | M40 | 3 | 12 | 0:36:59 | 0:37:06 | 18:18 | 18:41 |
| 13 | 226 | Herrera, Jowenne | 77 | Philippines | M30 | 5 | 13 | 0:37:07 | 0:37:11 | 18:19 | 18:47 |
| 14 | 214 | Heinrich, Alexander | 68 | Germany | M40 | 4 | 14 | 0:37:07 | 0:37:09 | 18:03 | 19:03 |
| 15 | 286 | Kerherve, Loïc | 72 | France | M35 | 4 | 15 | 0:37:41 | 0:37:43 | 18:34 | 19:07 |
| 16 | 48 | Böhlen, René | 69 | Switzerland | M40 | 5 | 16 | 0:37:46 | 0:37:53 | 18:38 | 19:07 |
| 17 | 552 | Stähli, Kurt | 71 | Switzerland | M35 | 5 | 17 | 0:38:03 | 0:38:09 | 18:40 | 19:23 |
| 18 | 38 | Blas Galvez, Pedro | 71 | Germany | M35 | 6 | 18 | 0:38:07 | 0:38:11 | 18:43 | 19:24 |
| 19 | 572 | Surén, Pål | 72 | Norway | M35 | 7 | 19 | 0:38:11 | 0:38:14 | 18:54 | 19:17 |
| 20 | 310 | Kollmorgen, Stuart | 69 | Australia | M40 | 6 | 20 | 0:38:12 | 0:38:14 | 18:24 | 19:48 |
| 21 | 534 | Seckinger, Jochen | 66 | Germany | M40 | 7 | 21 | 0:38:21 | 0:38:25 | 18:48 | 19:33 |
| 22 | 320 | Krieger, Peter | 78 | Switzerland | M30 | 6 | 22 | 0:38:31 | 0:38:36 | 19:08 | 19:23 |
| 23 | 194 | Gremmels, Jürgen | 66 | Germany | M40 | 8 | 23 | 0:38:31 | 0:38:37 | 19:07 | 19:24 |
| 24 | 136 | Dudley, Richard-James | 61 | United Kingdom | M45 | 1 | 24 | 0:38:35 | 0:38:37 | 19:13 | 19:21 |
| 25 | 309 | Kolbjørnsen, Erik | 65 | Norway | M45 | 2 | 25 | 0:38:38 | 0:38:42 | 19:17 | 19:20 |
| 26 | 474 | Robbins, Timothy | 81 | Canada | MHK | 3 | 26 | 0:38:39 | 0:38:46 | 18:59 | 19:40 |
| 27 | 655 | Sollio, Tom | | Norway | M30 | 7 | 27 | 0:38:48 | 0:38:52 | 18:50 | 19:58 |
| 28 | 362 | Malo, Martin | 71 | Canada | M35 | 8 | 28 | 0:38:54 | 0:38:59 | 18:52 | 20:02 |
| 29 | 163 | Fox, Timothy | 63 | United States of America | M45 | 3 | 29 | 0:38:59 | 0:39:17 | 19:43 | 19:16 |
| 30 | 666 | Brennan, Paul J. | | Ireland | MHK | 4 | 30 | 0:39:01 | 0:39:05 | 19:18 | 19:43 |
| 31 | 87 | Caraway, David | 69 | United States of America | M40 | 9 | 31 | 0:39:02 | 0:39:06 | 19:28 | 19:34 |
| 32 | 491 | Rydland, Espen | 60 | Norway | M50 | 1 | 32 | 0:39:19 | 0:39:25 | 19:06 | 20:12 |
| 33 | 431 | Pedersen, Jens Myrup | 77 | Denmark | M30 | 8 | 33 | 0:39:24 | 0:39:31 | 19:20 | 20:03 |
| 34 | 96 | Cocciolo, Anthony | 80 | United States of America | MHK | 5 | 35 | 0:39:34 | 0:39:42 | 19:32 | 20:02 |
| 35 | 288 | Kerkman, Mike | 78 | United States of America | M30 | 9 | 36 | 0:39:35 | 0:40:06 | 19:45 | 19:49 |
| 36 | 279 | Kawano, Koji | 65 | United States of America | M45 | 4 | 37 | 0:39:36 | 0:40:24 | 19:38 | 19:58 |
| 37 | 496 | Salo, Ahti | 62 | Finland | M45 | 5 | 38 | 0:39:44 | 0:39:49 | 19:28 | 20:15 |
| 38 | 493 | Sabourin, Eric | 60 | Canada | M50 | 2 | 39 | 0:39:44 | 0:39:45 | 19:51 | 19:53 |
| 39 | 337 | le Pennec, Dominique | 66 | France | M40 | 10 | 40 | 0:39:46 | 0:39:50 | 19:32 | 20:13 |
| 40 | 272 | Kalish, Seth | 67 | United States of America | M40 | 11 | 41 | 0:39:48 | 0:40:07 | 19:50 | 19:57 |
| 41 | 471 | Rinka, Mathias | 73 | Germany | M35 | 9 | 43 | 0:39:51 | 0:39:56 | 19:06 | 20:45 |
| 42 | 171 | Garbacz, Davy | 72 | France | M35 | 10 | 44 | 0:40:16 | 0:40:18 | 19:46 | 20:29 |
| 43 | 47 | Bogliolo, Camillo | 75 | Germany | M35 | 11 | 45 | 0:40:28 | 0:40:38 | 20:01 | 20:26 |
| 44 | 579 | Thiam, Edimo | 75 | France | M35 | 12 | 46 | 0:40:38 | 0:40:47 | 20:02 | 20:35 |
| 45 | 544 | Simpson, Scott | 65 | Canada | M45 | 6 | 47 | 0:40:40 | 0:40:46 | 20:12 | 20:28 |
| 46 | 264 | Jöhnk, Gunnar | 67 | Germany | M40 | 12 | 48 | 0:40:55 | 0:41:03 | 19:56 | 20:58 |
| 47 | 1234 | Kummert, Peter | 52 | *Berlin | M40 | 13 | 49 | 0:41:10 | 0:41:27 | 20:23 | 20:46 |
| 48 | 84 | Campana, Samuel | 76 | France | M30 | 10 | 50 | 0:41:12 | 0:41:14 | 20:01 | 21:10 |
| 49 | 621 | Werner, Jeffrey | 73 | United States of America | M35 | 13 | 51 | 0:41:13 | 0:41:17 | 20:28 | 20:45 |
| 50 | 138 | Dutton, Jeffrey | 72 | United States of America | M35 | 14 | 52 | 0:41:19 | 0:41:45 | 21:27 | 19:52 |
| 51 | 130 | Domschitz, Matthias | 68 | Germany | M40 | 14 | 53 | 0:41:22 | 0:41:25 | 20:37 | 20:45 |
| 52 | 273 | Kamerichs, Wolfgang | 70 | Germany | M40 | 15 | 54 | 0:41:28 | 0:41:42 | 20:41 | 20:47 |
| 53 | 351 | Lovik, Frode | 62 | Norway | M45 | 7 | 55 | 0:41:31 | 0:41:52 | 20:41 | 20:49 |
| 54 | 307 | Köhler, Christian | 87 | Germany | MHK | 6 | 56 | 0:41:31 | 0:41:55 | 20:58 | 20:32 |
| 55 | 196 | Gross, Harald | 60 | Germany | M50 | 3 | 57 | 0:41:32 | 0:41:37 | 20:14 | 21:18 |
| 56 | 185 | Gloesener, Tom | 75 | Luxembourg | M30 | 11 | 59 | 0:41:39 | 0:42:07 | 20:46 | 20:53 |
| 57 | 548 | Soh, Weiming | 80 | New Zealand | MHK | 7 | 60 | 0:41:39 | 0:41:50 | 20:30 | 21:08 |
| 58 | 674 | Goreth, Carsten | | | M40 | 16 | 61 | 0:41:43 | 0:42:01 | 20:35 | 21:07 |



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Männer

| Platz | Startnr | Name, Vorname | Jg Land | Ak | Pl-Ak | Pos | Netto | Brutto | Runde1 | Runde2 |
|-------|---------|------------------------------|-----------------------------|-----|-------|-----|---------|---------|--------|--------|
| 59 | 408 | Nissen, Claus | 60 Denmark | M45 | 8 | 62 | 0:41:45 | 0:42:08 | 20:51 | 20:54 |
| 60 | 551 | Sprinkle, Randall | 63 United States of America | M45 | 9 | 63 | 0:41:52 | 0:42:41 | 21:27 | 20:24 |
| 61 | 413 | Obermaier, Stefan | 69 Germany | M40 | 17 | 64 | 0:41:54 | 0:42:08 | 21:15 | 20:38 |
| 62 | 665 | Small, Michael | Netherlands | M50 | 4 | 65 | 0:41:56 | 0:42:12 | 21:22 | 20:33 |
| 63 | 94 | Clausen, Jens | 79 Denmark | M30 | 12 | 66 | 0:41:57 | 0:42:41 | 21:13 | 20:44 |
| 64 | 494 | Sadé, Ilan | 78 Sweden | M30 | 13 | 67 | 0:41:58 | 0:42:27 | 20:39 | 21:18 |
| 65 | 667 | Chikara, Onda | United States of America | MHK | 8 | 68 | 0:42:08 | 0:42:53 | 21:02 | 21:05 |
| 66 | 392 | Müller, Gerald | 70 Germany | M40 | 18 | 69 | 0:42:10 | 0:42:12 | 20:19 | 21:50 |
| 67 | 107 | Cote, Alexandre | 79 France | M30 | 14 | 70 | 0:42:11 | 0:42:18 | 20:34 | 21:37 |
| 68 | 265 | Johnson, Dennis | 54 Australia | M55 | 1 | 71 | 0:42:20 | 0:42:29 | 20:27 | 21:53 |
| 69 | 193 | Grams, Dane | 72 United States of America | M35 | 15 | 72 | 0:42:21 | 0:42:25 | 20:34 | 21:47 |
| 70 | 399 | Nagyvári, Tibor | 77 Germany | M30 | 15 | 73 | 0:42:22 | 0:42:24 | 20:17 | 22:04 |
| 71 | 567 | Struyvelt, Marc | 61 United States of America | M45 | 10 | 75 | 0:42:27 | 0:42:35 | 21:00 | 21:27 |
| 72 | 201 | Guralnick, Daniel | 75 United States of America | M30 | 16 | 76 | 0:42:39 | 0:42:47 | 21:08 | 21:31 |
| 73 | 695 | Brown, Warren | United States of America | M45 | 11 | 78 | 0:42:52 | 0:43:31 | 21:13 | 21:38 |
| 74 | 607 | Voigt, Jim | 89 Germany | MHK | 9 | 79 | 0:42:52 | 0:43:06 | 21:44 | 21:07 |
| 75 | 46 | Boggs, Patrick | 80 United States of America | MHK | 10 | 81 | 0:42:56 | 0:43:21 | 20:43 | 22:13 |
| 76 | 111 | Dang, Anh | 74 United States of America | M35 | 16 | 82 | 0:42:59 | 0:43:26 | 21:29 | 21:30 |
| 77 | 632 | Wittstamm, Joachim | 66 Germany | M40 | 19 | 83 | 0:43:05 | 0:43:08 | 21:02 | 22:02 |
| 78 | 108 | Couliou, Jean-Michel | 68 France | M40 | 20 | 85 | 0:43:25 | 0:43:35 | 21:20 | 22:04 |
| 79 | 240 | Horwood, Stuart | 67 New Zealand | M40 | 21 | 86 | 0:43:27 | 0:43:44 | 22:11 | 21:16 |
| 80 | 13 | Baird, Andy | 73 Australia | M35 | 17 | 87 | 0:43:33 | 0:43:44 | 20:48 | 22:45 |
| 81 | 605 | Vitalis, Richard | 71 France | M35 | 18 | 88 | 0:43:34 | 0:43:49 | 21:45 | 21:49 |
| 82 | 436 | Perl, Martin | 58 United States of America | M50 | 5 | 89 | 0:43:36 | 0:43:44 | 21:14 | 22:21 |
| 83 | 402 | Nelson, Richard | 47 United States of America | M60 | 1 | 90 | 0:43:41 | 0:43:49 | 21:40 | 22:00 |
| 84 | 582 | Tietz, Torsten | 71 Germany | M35 | 19 | 91 | 0:43:47 | 0:43:54 | 21:20 | 22:26 |
| 85 | 379 | Meier, Stefan | 74 Germany | M35 | 20 | 92 | 0:43:48 | 0:43:55 | 21:16 | 22:32 |
| 86 | 228 | Hets, Yuval | 71 Israel | M35 | 21 | 93 | 0:43:50 | 0:44:01 | 21:38 | 22:12 |
| 87 | 584 | Toal, Martin | 58 United Kingdom | M50 | 6 | 95 | 0:43:54 | 0:44:11 | 21:39 | 22:15 |
| 88 | 159 | Fisher, Ian | 70 Canada | M40 | 22 | 96 | 0:43:55 | 0:44:43 | 21:49 | 22:05 |
| 89 | 180 | Gildea, Brendan | 87 Ireland | MHK | 11 | 97 | 0:43:59 | 0:44:27 | 21:55 | 22:04 |
| 90 | 411 | Nuno, Ricardo | 67 Canada | M40 | 23 | 98 | 0:44:04 | 0:44:20 | 21:33 | 22:31 |
| 91 | 490 | Ryan, Dermot | 70 Switzerland | M40 | 24 | 99 | 0:44:05 | 0:44:19 | 22:10 | 21:55 |
| 92 | 611 | Wagner, Karl | 66 United States of America | M40 | 25 | 100 | 0:44:09 | 0:44:38 | 22:05 | 22:04 |
| 93 | 19 | Becker, Martin | 64 Germany | M45 | 12 | 101 | 0:44:12 | 0:44:28 | 22:01 | 22:11 |
| 94 | 485 | Rosenberg, Marc | 74 Germany | M35 | 22 | 102 | 0:44:17 | 0:45:05 | 21:45 | 22:32 |
| 95 | 154 | Farris, John | 67 United States of America | M40 | 26 | 103 | 0:44:18 | 0:44:51 | 21:44 | 22:33 |
| 96 | 149 | Erpenbeck, Bernd | 65 United States of America | M45 | 13 | 104 | 0:44:18 | 0:44:25 | 21:49 | 22:28 |
| 97 | 37 | Blank, Bjoern | 76 Germany | M30 | 17 | 105 | 0:44:23 | 0:44:37 | 20:47 | 23:36 |
| 98 | 619 | Wedam, Garrett | 82 United States of America | MHK | 12 | 106 | 0:44:32 | 0:44:41 | 22:03 | 22:28 |
| 99 | 114 | Dcotta, Christopher | 65 Australia | M40 | 27 | 107 | 0:44:38 | 0:44:52 | 21:42 | 22:55 |
| 100 | 262 | Jemilo, Drew | 66 United States of America | M40 | 28 | 108 | 0:44:45 | 0:45:02 | 21:55 | 22:50 |
| 101 | 152 | Farrell, Steve | 72 United States of America | M35 | 23 | 109 | 0:44:48 | 0:45:03 | 22:05 | 22:42 |
| 102 | 388 | Mortensen, Benny | 59 Denmark | M50 | 7 | 110 | 0:44:50 | 0:45:14 | 21:34 | 23:15 |
| 103 | 525 | Schubert, Dietmar | 66 Germany | M40 | 29 | 111 | 0:44:51 | 0:44:57 | 21:39 | 23:12 |
| 104 | 654 | Hengsternann, Frank | Germany | M40 | 30 | 112 | 0:44:52 | 0:45:20 | 21:42 | 23:09 |
| 105 | 593 | van der Laan, Frank | 64 Netherlands | M45 | 14 | 114 | 0:44:53 | 0:45:06 | 22:23 | 22:29 |
| 106 | 545 | Skaar, Christian | 77 Germany | M30 | 18 | 115 | 0:44:57 | 0:45:24 | 22:30 | 22:26 |
| 107 | 448 | Pothhoff, Andreas | 68 Germany | M40 | 31 | 116 | 0:44:57 | 0:45:29 | 22:09 | 22:48 |
| 108 | 563 | Streifler, Stephen | 69 New Zealand | M40 | 32 | 117 | 0:45:01 | 0:45:28 | 22:08 | 22:53 |
| 109 | 636 | Wyder, Ted | 73 United States of America | M35 | 24 | 118 | 0:45:03 | 0:45:35 | 22:40 | 22:22 |
| 110 | 231 | Hinnerkopf-Kollross, Manfred | 62 Germany | M45 | 15 | 119 | 0:45:08 | 0:45:26 | 22:32 | 22:35 |
| 111 | 147 | Ellertmann, Heinrich | 65 Germany | M45 | 16 | 120 | 0:45:08 | 0:45:14 | 21:53 | 23:15 |
| 112 | 535 | Seite, Jacques | 60 France | M50 | 8 | 121 | 0:45:13 | 0:45:26 | 22:59 | 22:14 |
| 113 | 230 | Hind, Andrew | 62 Canada | M45 | 17 | 122 | 0:45:18 | 0:45:31 | 22:29 | 22:49 |
| 114 | 58 | Box, James | 46 Australia | M60 | 2 | 123 | 0:45:20 | 0:45:33 | 22:20 | 22:59 |
| 115 | 248 | Hupfeld, Jens | 72 Germany | M35 | 25 | 124 | 0:45:20 | 0:45:33 | 22:36 | 22:43 |
| 116 | 14 | Ballois, David | 69 United Kingdom | M40 | 33 | 125 | 0:45:22 | 0:46:00 | 22:55 | 22:26 |



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Männer

| Platz | Startnr | Name, Vorname | Jg | Land | Ak | Pl-Ak | Pos | Netto | Brutto | Runde1 | Runde2 |
|-------|---------|--------------------------|----|--------------------------|-----|-------|-----|---------|---------|--------|--------|
| 117 | 643 | Pitches, David | | | M65 | 1 | 127 | 0:45:26 | 0:45:46 | 23:08 | 22:18 |
| 118 | 101 | Collis, Anthony | 77 | Australia | M30 | 19 | 128 | 0:45:33 | 0:46:16 | 21:53 | 23:39 |
| 119 | 156 | Felix, Christian | 63 | Germany | M45 | 18 | 129 | 0:45:34 | 0:45:44 | 22:11 | 23:22 |
| 120 | 505 | Schäfer, Guido | 67 | Germany | M40 | 34 | 131 | 0:45:42 | 0:46:15 | 22:26 | 23:15 |
| 121 | 67 | Brown, John | 68 | United Kingdom | M40 | 35 | 132 | 0:45:42 | 0:46:18 | 22:39 | 23:02 |
| 122 | 467 | Reuschenberg, Heijo | 69 | Germany | M40 | 36 | 133 | 0:45:47 | 0:45:55 | 22:35 | 23:11 |
| 123 | 539 | Shay, James | 58 | United States of America | M50 | 9 | 134 | 0:45:52 | 0:46:20 | 22:29 | 23:23 |
| 124 | 699 | van den Brand, Martin | | Netherlands | M50 | 10 | 135 | 0:45:54 | 0:46:22 | 23:09 | 22:45 |
| 125 | 27 | Berling, Hermann | 62 | Germany | M45 | 19 | 136 | 0:45:56 | 0:46:00 | 22:16 | 23:39 |
| 126 | 427 | Patterson, John | 57 | United States of America | M50 | 11 | 137 | 0:45:56 | 0:46:13 | 22:27 | 23:28 |
| 127 | 658 | Haurer, Marc | | Switzerland | M50 | 12 | 138 | 0:45:58 | 0:46:17 | 22:26 | 23:31 |
| 128 | 212 | Heinicke, Ralph | 65 | Germany | M45 | 20 | 139 | 0:46:00 | 0:46:21 | 23:07 | 22:53 |
| 129 | 428 | Pearson, Michael | 74 | United States of America | M35 | 26 | 141 | 0:46:02 | 0:46:12 | 22:10 | 23:51 |
| 129 | 495 | Sailer, Christo | 79 | Germany | M30 | 20 | 142 | 0:46:02 | 0:46:05 | 22:23 | 23:38 |
| 131 | 109 | Curtis, Paolo | 59 | Australia | M50 | 13 | 143 | 0:46:03 | 0:46:30 | 23:19 | 22:44 |
| 132 | 693 | Gomezpena, Carlos Andres | | United States of America | M30 | 21 | 144 | 0:46:03 | 0:46:33 | 22:33 | 23:30 |
| 133 | 604 | Vincent, Bertrand | 80 | France | M30 | 22 | 145 | 0:46:04 | 0:46:13 | 22:56 | 23:07 |
| 134 | 405 | Ng, Anthony | 83 | United States of America | MHK | 13 | 146 | 0:46:05 | 0:46:14 | 22:57 | 23:08 |
| 135 | 78 | Burkhardt, Stefan | 66 | Germany | M40 | 37 | 147 | 0:46:08 | 0:46:28 | 22:52 | 23:15 |
| 136 | 151 | Fardella, Tony | 59 | United States of America | M50 | 14 | 148 | 0:46:09 | 0:46:22 | 23:03 | 23:05 |
| 137 | 497 | Sandmann, Marcus | 71 | Germany | M35 | 27 | 149 | 0:46:10 | 0:46:18 | 22:41 | 23:29 |
| 138 | 527 | Schulenburg, Markus | 67 | Germany | M40 | 38 | 150 | 0:46:15 | 0:46:18 | 22:15 | 23:59 |
| 139 | 664 | Mayer, Thomas | | Germany | M40 | 39 | 151 | 0:46:15 | 0:46:34 | 23:20 | 22:54 |
| 140 | 93 | Clark, Alden | 51 | United States of America | M55 | 2 | 152 | 0:46:16 | 0:46:26 | 22:53 | 23:22 |
| 141 | 397 | Munz, Roland | 72 | Switzerland | M35 | 28 | 153 | 0:46:17 | 0:46:46 | 22:45 | 23:31 |
| 142 | 469 | Revell, Adrian | 54 | Australia | M55 | 3 | 154 | 0:46:20 | 0:46:46 | 22:50 | 23:29 |
| 143 | 153 | Farrington, Charlie | 44 | United States of America | M65 | 2 | 155 | 0:46:22 | 0:46:36 | 23:13 | 23:08 |
| 144 | 133 | Dorp, Ingmar | 75 | Germany | M35 | 29 | 156 | 0:46:22 | 0:46:46 | 22:30 | 23:52 |
| 145 | 178 | Gibhardt, Jörg | 68 | Germany | M40 | 40 | 157 | 0:46:22 | 0:47:07 | 23:15 | 23:07 |
| 146 | 479 | Roffelsen, Jan | 59 | Netherlands | M50 | 15 | 158 | 0:46:34 | 0:46:50 | 22:55 | 23:38 |
| 147 | 329 | Kwan, Justin | 74 | United States of America | M35 | 30 | 159 | 0:46:37 | 0:47:06 | 22:57 | 23:40 |
| 148 | 511 | Soren, Schiff | | Denmark | M30 | 23 | 160 | 0:46:38 | 0:47:26 | 22:56 | 23:41 |
| 149 | 653 | Ineichen, Joerg | | United States of America | M35 | 31 | 161 | 0:46:38 | 0:47:04 | 23:45 | 22:53 |
| 150 | 390 | Muesegaes, Ralf | 66 | Germany | M40 | 41 | 162 | 0:46:40 | 0:47:07 | 23:16 | 23:23 |
| 151 | 368 | Mary, Dieter | 62 | Belgium | M45 | 21 | 163 | 0:46:42 | 0:46:54 | 23:10 | 23:32 |
| 152 | 251 | Indenkampen, Andreas | 75 | Germany | M30 | 24 | 164 | 0:46:44 | 0:47:18 | 23:11 | 23:32 |
| 153 | 289 | Khatu, Devesh | 69 | United States of America | M40 | 42 | 165 | 0:46:45 | 0:47:31 | 23:34 | 23:11 |
| 154 | 502 | Sauerländer, Georg | 61 | Germany | M45 | 22 | 166 | 0:46:47 | 0:47:04 | 23:01 | 23:45 |
| 155 | 576 | Tary, László | 62 | Germany | M45 | 23 | 167 | 0:46:48 | 0:47:37 | 23:28 | 23:20 |
| 156 | 635 | Wood, Anthony | 63 | Australia | M45 | 24 | 169 | 0:46:52 | 0:47:33 | 22:42 | 24:10 |
| 157 | 169 | Frost, Ronald | 66 | United States of America | M40 | 43 | 170 | 0:46:55 | 0:47:52 | 23:49 | 23:06 |
| 158 | 284 | Kelly, John | 57 | United Kingdom | M50 | 16 | 172 | 0:47:01 | 0:47:38 | 24:15 | 22:46 |
| 159 | 477 | Rodgers, Stephen | 46 | United States of America | M60 | 3 | 173 | 0:47:13 | 0:48:13 | 23:45 | 23:27 |
| 160 | 640 | Zioerjen, Adrian | 62 | Switzerland | M45 | 25 | 174 | 0:47:13 | 0:47:28 | 23:12 | 24:01 |
| 161 | 628 | Wimmer, Ralf-Peter | 65 | Germany | M45 | 26 | 175 | 0:47:14 | 0:47:49 | 23:27 | 23:46 |
| 162 | 614 | Waight, James | 75 | United Kingdom | M30 | 25 | 176 | 0:47:17 | 0:47:27 | 22:12 | 25:04 |
| 163 | 570 | Sültz, Jan Ole | 74 | Germany | M35 | 32 | 177 | 0:47:18 | 0:47:39 | 23:22 | 23:55 |
| 164 | 358 | Maisch, Steffen | 79 | Germany | M30 | 26 | 178 | 0:47:25 | 0:47:47 | 23:21 | 24:03 |
| 165 | 165 | Franken, Dieter | 66 | Germany | M40 | 44 | 181 | 0:47:33 | 0:47:42 | 23:15 | 24:17 |
| 166 | 113 | Dassey, David | 50 | United States of America | M55 | 4 | 182 | 0:47:35 | 0:48:08 | 23:50 | 23:45 |
| 167 | 348 | Lomborg, Torsten | 70 | Germany | M40 | 45 | 183 | 0:47:38 | 0:47:52 | 23:42 | 23:55 |
| 168 | 439 | Pickhardt, Heinz-Günther | 63 | Germany | M45 | 27 | 184 | 0:47:39 | 0:47:46 | 23:30 | 24:09 |
| 169 | 308 | Kokott, Marc | 71 | Germany | M35 | 33 | 185 | 0:47:43 | 0:47:59 | 22:52 | 24:50 |
| 170 | 540 | Shiramizu, Kevin | 73 | United States of America | M35 | 34 | 186 | 0:47:49 | 0:48:18 | 23:59 | 23:49 |
| 171 | 553 | Stange, Harald | 63 | Germany | M45 | 28 | 187 | 0:47:53 | 0:48:20 | 23:18 | 24:35 |
| 172 | 409 | Nolden, Gerd | 57 | Germany | M50 | 17 | 188 | 0:48:00 | 0:48:03 | 23:26 | 24:34 |
| 173 | 463 | Redmann, Stefan | 74 | Germany | M35 | 35 | 189 | 0:48:01 | 0:48:26 | 23:53 | 24:08 |
| 174 | 616 | Wallenhorst, Thomas | 75 | Germany | M30 | 27 | 190 | 0:48:03 | 0:48:23 | 24:09 | 23:53 |



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Männer

| Platz | Startnr | Name, Vorname | Jg | Land | Ak | Pl-Ak | Pos | Netto | Brutto | Runde1 | Runde2 |
|-------|---------|----------------------|----|--------------------------|-----|-------|-----|---------|---------|--------|--------|
| 175 | 532 | Scorsone, Ernesto | 52 | United States of America | M55 | 5 | 191 | 0:48:04 | 0:48:37 | 23:50 | 24:13 |
| 176 | 557 | Stevens, Kelly | 64 | United States of America | M45 | 29 | 192 | 0:48:07 | 0:48:42 | 23:09 | 24:58 |
| 177 | 260 | Jansink, Gerrit | 60 | Netherlands | M50 | 18 | 193 | 0:48:07 | 0:48:24 | 24:12 | 23:55 |
| 178 | 300 | Klößner, Christian | 77 | Germany | M30 | 28 | 194 | 0:48:09 | 0:48:29 | 23:38 | 24:31 |
| 179 | 100 | Collins, Charles | 62 | United States of America | M45 | 30 | 195 | 0:48:17 | 0:49:06 | 24:41 | 23:35 |
| 180 | 398 | Murphy, Timothy | 62 | United States of America | M45 | 31 | 196 | 0:48:17 | 0:48:52 | 23:48 | 24:29 |
| 181 | 75 | Buehler, André | 63 | Switzerland | M45 | 32 | 197 | 0:48:18 | 0:48:26 | 24:10 | 24:08 |
| 182 | 90 | Chamberlain, Michael | 77 | United States of America | M30 | 29 | 198 | 0:48:21 | 0:48:42 | 23:30 | 24:50 |
| 183 | 375 | McNichol, Tim | 78 | United States of America | M30 | 30 | 199 | 0:48:21 | 0:48:42 | 23:30 | 24:51 |
| 184 | 488 | Ruehl, Joachim | 75 | Germany | M35 | 36 | 200 | 0:48:22 | 0:48:45 | 23:08 | 25:14 |
| 185 | 22 | Benamy-Hackel, Klaus | 50 | United States of America | M60 | 4 | 201 | 0:48:25 | 0:48:57 | 24:16 | 24:09 |
| 186 | 698 | de Grimes, Jefferey | | United States of America | M45 | 33 | 202 | 0:48:26 | 0:48:40 | 23:42 | 24:43 |
| 187 | 77 | Burkhardt, Rainer | 68 | Germany | M40 | 46 | 203 | 0:48:28 | 0:48:45 | 24:11 | 24:16 |
| 188 | 355 | Lütken, Thomas Rode | 70 | Denmark | M40 | 47 | 207 | 0:48:45 | 0:49:31 | 23:41 | 25:03 |
| 189 | 609 | Vu, Daniel | 75 | United States of America | M30 | 31 | 210 | 0:48:53 | 0:49:28 | 24:10 | 24:42 |
| 190 | 311 | Kollross, Achim | 66 | Germany | M40 | 48 | 211 | 0:48:53 | 0:49:09 | 23:16 | 25:37 |
| 191 | 694 | Dittmann, Detlef | | Germany | M40 | 49 | 212 | 0:48:53 | 0:49:14 | 24:09 | 24:44 |
| 192 | 391 | Mühl, Dirk | 73 | Germany | M35 | 37 | 213 | 0:48:54 | 0:49:14 | 24:09 | 24:44 |
| 193 | 164 | Fragkos, Dimitrios | 75 | United Kingdom | M35 | 38 | 214 | 0:48:54 | 0:49:20 | 23:33 | 25:21 |
| 194 | 295 | Kirchofer, Charles | 82 | Austria | MHK | 14 | 215 | 0:48:56 | 0:49:52 | 24:35 | 24:21 |
| 195 | 456 | Rachwalsky, Jens | 64 | Germany | M45 | 34 | 216 | 0:48:57 | 0:49:40 | 24:10 | 24:47 |
| 196 | 367 | Martin, Randy | 63 | United States of America | M45 | 35 | 218 | 0:48:59 | 0:49:15 | 23:39 | 25:20 |
| 197 | 31 | Bierfreund, Kay | 67 | Germany | M40 | 50 | 221 | 0:49:09 | 0:49:18 | 23:19 | 25:50 |
| 198 | 662 | Schop, Ulrich | | Germany | M45 | 36 | 222 | 0:49:10 | 0:49:34 | 23:49 | 25:20 |
| 199 | 50 | Bonrath, Hans | 42 | Germany | M65 | 3 | 223 | 0:49:10 | 0:49:53 | 24:44 | 24:26 |
| 200 | 17 | Bartels, Peter | 39 | Netherlands | M70 | 1 | 224 | 0:49:12 | 0:49:14 | 24:24 | 24:47 |
| 201 | 700 | Killge, Stefan | 72 | Germany | M35 | 39 | 225 | 0:49:12 | 0:49:30 | 23:33 | 25:39 |
| 202 | 34 | Birtel, Andreas | 60 | Germany | M50 | 19 | 226 | 0:49:15 | 0:49:26 | 23:56 | 25:18 |
| 203 | 380 | Mensching, Olaf | 66 | Germany | M40 | 51 | 227 | 0:49:17 | 0:49:43 | 24:22 | 24:55 |
| 204 | 451 | Pütz, Andreas | 58 | Germany | M50 | 20 | 228 | 0:49:21 | 0:49:28 | 24:04 | 25:17 |
| 205 | 561 | Strauß, Rainer | 65 | Germany | M40 | 52 | 229 | 0:49:22 | 0:49:28 | 24:33 | 24:49 |
| 206 | 546 | Smith, Michael | 72 | United States of America | M35 | 40 | 230 | 0:49:23 | 0:49:58 | 24:25 | 24:58 |
| 207 | 15 | Balster, Hans | 57 | Netherlands | M50 | 21 | 231 | 0:49:25 | 0:49:41 | 24:12 | 25:12 |
| 208 | 347 | Lischke, Philipp | 74 | Australia | M35 | 41 | 232 | 0:49:26 | 0:49:55 | 23:16 | 26:09 |
| 209 | 685 | Pedersen, Klaus | 58 | Denmark | M50 | 22 | 233 | 0:49:26 | 0:49:52 | 24:34 | 24:51 |
| 210 | 275 | Karamat Ali, Raschid | 61 | Netherlands | M45 | 37 | 234 | 0:49:26 | 0:50:12 | 24:53 | 24:33 |
| 211 | 55 | Bottum, Stephen | 66 | United States of America | M40 | 53 | 235 | 0:49:29 | 0:49:45 | 24:20 | 25:08 |
| 212 | 195 | Grimstad, Sven | 63 | Norway | M45 | 38 | 236 | 0:49:32 | 0:50:07 | 23:57 | 25:34 |
| 213 | 629 | Winkelmann, Bill | 52 | United States of America | M55 | 6 | 237 | 0:49:39 | 0:50:15 | 24:37 | 25:02 |
| 214 | 51 | Born, Peter | 51 | Germany | M55 | 7 | 238 | 0:49:41 | 0:49:58 | 24:05 | 25:35 |
| 215 | 64 | Breuning, Mikael | 58 | Denmark | M50 | 23 | 239 | 0:49:42 | 0:50:03 | 24:16 | 25:25 |
| 216 | 501 | Saueressig, Moritz | 59 | Germany | M50 | 24 | 240 | 0:49:42 | 0:50:11 | 25:37 | 24:05 |
| 216 | 631 | Wise, Daniel | 70 | United States of America | M40 | 54 | 241 | 0:49:42 | 0:50:34 | 25:31 | 24:11 |
| 218 | 293 | Kirchmeier, Jakob | 71 | Switzerland | M35 | 42 | 242 | 0:49:44 | 0:50:09 | 24:10 | 25:33 |
| 219 | 266 | Johnson, Scott | 84 | United States of America | MHK | 15 | 243 | 0:49:44 | 0:49:55 | 24:48 | 24:56 |
| 220 | 588 | Tsalapatis, Yannis | 76 | Greece | M30 | 32 | 244 | 0:49:51 | 0:50:44 | 25:13 | 24:37 |
| 221 | 203 | Habjan, Andrej | 80 | Slovenia | MHK | 16 | 245 | 0:49:52 | 0:50:21 | 24:21 | 25:30 |
| 222 | 401 | Nederhoff, Ad | 50 | Netherlands | M60 | 5 | 246 | 0:49:53 | 0:50:19 | 24:36 | 25:16 |
| 223 | 365 | Manuel, Lawrence | 64 | United States of America | M45 | 39 | 247 | 0:49:54 | 0:50:39 | 25:30 | 24:23 |
| 224 | 321 | Krueger, Chris | 57 | Germany | M50 | 25 | 248 | 0:49:54 | 0:50:18 | 24:35 | 25:18 |
| 225 | 489 | Ruffing, Stefan | 69 | Germany | M40 | 55 | 249 | 0:49:57 | 0:50:12 | 23:47 | 26:10 |
| 226 | 659 | Klocke, Arndt | | | M40 | 56 | 252 | 0:50:00 | 0:50:41 | 24:27 | 25:32 |
| 227 | 366 | Maravilla, Carl | 60 | United States of America | M50 | 26 | 253 | 0:50:03 | 0:50:35 | 24:27 | 25:36 |
| 228 | 506 | Scheferhoff, Georg | 68 | Germany | M40 | 57 | 254 | 0:50:10 | 0:50:12 | 24:46 | 25:24 |
| 229 | 181 | Girard, Jean | 46 | France | M60 | 6 | 255 | 0:50:12 | 0:50:31 | 24:31 | 25:40 |
| 230 | 541 | Sicking, Andreas | 60 | Germany | M45 | 40 | 256 | 0:50:24 | 0:50:32 | 24:46 | 25:37 |
| 231 | 218 | Helzerman, Christoph | 65 | United States of America | M45 | 41 | 257 | 0:50:30 | 0:51:19 | 25:12 | 25:17 |
| 232 | 21 | Béliér, Cyril | 72 | France | M35 | 43 | 258 | 0:50:33 | 0:50:56 | 25:05 | 25:28 |



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Männer

| Platz | Startnr | Name, Vorname | Jg | Land | Ak | Pl-Ak | Pos | Netto | Brutto | Runde1 | Runde2 |
|-------|---------|-------------------------|----|--------------------------|-----|-------|-----|---------|---------|--------|--------|
| 233 | 459 | Ramaneti, Rajesh | 75 | Netherlands | M35 | 44 | 259 | 0:50:34 | 0:51:02 | 25:37 | 24:56 |
| 234 | 460 | Ramirez, Alfredo | 70 | Spain | M35 | 45 | 260 | 0:50:35 | 0:50:48 | 24:06 | 26:29 |
| 235 | 618 | Wang, Yao-Tseng | 85 | United States of America | MHK | 17 | 261 | 0:50:37 | 0:51:01 | 24:06 | 26:30 |
| 236 | 622 | Werner, Markus | 70 | Germany | M35 | 46 | 262 | 0:50:38 | 0:51:14 | 26:06 | 24:32 |
| 237 | 437 | Phlippen, Dieter | 65 | Germany | M45 | 42 | 263 | 0:50:42 | 0:50:53 | 24:17 | 26:25 |
| 238 | 92 | Chiola, Tom | 52 | United States of America | M55 | 8 | 264 | 0:50:44 | 0:51:32 | 25:23 | 25:21 |
| 239 | 134 | Douangphayvan, Joe | 75 | United States of America | M30 | 33 | 265 | 0:50:45 | 0:51:15 | 24:50 | 25:54 |
| 240 | 26 | Berleen, Emil | 76 | United Kingdom | M30 | 34 | 266 | 0:50:45 | 0:51:22 | 25:20 | 25:25 |
| 241 | 393 | Müller, Gregor | 64 | Germany | M45 | 43 | 269 | 0:50:53 | 0:51:37 | 25:54 | 24:59 |
| 242 | 53 | Boros, István | 70 | United Kingdom | M40 | 58 | 270 | 0:50:56 | 0:51:41 | 24:37 | 26:19 |
| 243 | 478 | Roettgers, Thomas | 71 | Germany | M35 | 47 | 271 | 0:50:58 | 0:51:08 | 24:46 | 26:12 |
| 244 | 389 | Mortier, Wim | 64 | Netherlands | M45 | 44 | 272 | 0:51:02 | 0:51:34 | 24:33 | 26:29 |
| 245 | 656 | Buckley, Jerry | | United States of America | M60 | 7 | 273 | 0:51:02 | 0:51:35 | 25:32 | 25:30 |
| 246 | 213 | Heinke, Roland | 64 | Germany | M45 | 45 | 274 | 0:51:06 | 0:51:59 | 25:41 | 25:24 |
| 247 | 132 | Dornseiffer, Stefan | 65 | Germany | M45 | 46 | 275 | 0:51:07 | 0:51:20 | 25:56 | 25:10 |
| 248 | 638 | Zalfen, Thomas | 72 | Germany | M35 | 48 | 276 | 0:51:08 | 0:51:21 | 25:39 | 25:28 |
| 249 | 274 | Kanamori, Carlos | 72 | Peru | M35 | 49 | 277 | 0:51:13 | 0:51:49 | 24:57 | 26:15 |
| 250 | 692 | Hesse, Immo | 69 | Germany | M40 | 59 | 279 | 0:51:15 | 0:51:34 | 25:40 | 25:34 |
| 251 | 252 | Ireland, Richard | 74 | United Kingdom | M35 | 50 | 281 | 0:51:29 | 0:52:12 | 26:03 | 25:25 |
| 252 | 285 | Kempowski, Dirk | 66 | Germany | M40 | 60 | 284 | 0:51:42 | 0:52:23 | 25:56 | 25:46 |
| 253 | 521 | Schönknecht, Hartmut | 62 | Germany | M45 | 47 | 286 | 0:51:46 | 0:52:08 | 25:45 | 26:01 |
| 254 | 470 | Rietveld, Jan | 58 | Netherlands | M50 | 27 | 288 | 0:51:50 | 0:52:29 | 25:48 | 26:02 |
| 255 | 612 | Wagner, Oliver | 73 | Germany | M35 | 51 | 290 | 0:51:56 | 0:52:18 | 25:46 | 26:10 |
| 256 | 249 | Hutchison, Iain | 65 | Netherlands | M40 | 61 | 293 | 0:52:05 | 0:52:33 | 26:05 | 25:59 |
| 257 | 414 | Ockenfels, Wolfgang | 69 | Germany | M40 | 62 | 295 | 0:52:06 | 0:53:01 | 25:45 | 26:20 |
| 258 | 565 | Strimmer, Klaus | 67 | Germany | M40 | 63 | 297 | 0:52:11 | 0:52:16 | 25:23 | 26:48 |
| 259 | 645 | Kunst, Frederik | | Netherlands | M40 | 64 | 298 | 0:52:17 | 0:52:37 | 25:43 | 26:33 |
| 260 | 190 | Gottlieb, Erik | 55 | Denmark | M50 | 28 | 299 | 0:52:18 | 0:52:43 | 25:34 | 26:44 |
| 261 | 197 | Grossi, Daniel | 63 | Australia | M45 | 48 | 300 | 0:52:22 | 0:52:51 | 24:57 | 27:24 |
| 262 | 269 | Kahl, Gernot | 73 | Germany | M35 | 52 | 301 | 0:52:22 | 0:53:20 | 25:38 | 26:43 |
| 263 | 206 | Hanifin, David | 78 | Australia | M30 | 35 | 304 | 0:52:24 | 0:52:36 | 25:24 | 26:59 |
| 264 | 530 | Schwartz, Michel | 69 | Netherlands | M40 | 65 | 305 | 0:52:26 | 0:52:54 | 25:46 | 26:40 |
| 265 | 475 | Rocher, Cyrille | 72 | France | M35 | 53 | 306 | 0:52:33 | 0:52:51 | 25:32 | 27:01 |
| 266 | 95 | Cleary, Timothy | 57 | United States of America | M50 | 29 | 307 | 0:52:34 | 0:52:38 | 26:11 | 26:23 |
| 267 | 81 | Busbee, Jerry | 72 | United States of America | M35 | 54 | 308 | 0:52:37 | 0:52:38 | 22:38 | 29:59 |
| 268 | 139 | Dyrkorn, Ole Aleksander | 80 | Norway | M30 | 36 | 309 | 0:52:52 | 0:53:27 | 26:05 | 26:47 |
| 269 | 687 | van der Sman, Peter | 51 | Netherlands | M55 | 9 | 310 | 0:52:57 | 0:53:39 | 26:36 | 26:21 |
| 270 | 663 | Grundner, Bernhard | | Germany | M40 | 66 | 311 | 0:52:57 | 0:53:18 | 26:39 | 26:18 |
| 271 | 556 | Steinbrecher, Meik | 70 | Germany | M40 | 67 | 312 | 0:52:59 | 0:53:18 | 26:43 | 26:16 |
| 272 | 574 | Sz Cs, Zoltán | 76 | United Kingdom | M30 | 37 | 316 | 0:53:12 | 0:53:57 | 26:02 | 27:10 |
| 273 | 562 | Streefkerk, Roland | 72 | Netherlands | M35 | 55 | 317 | 0:53:13 | 0:53:36 | 23:53 | 29:19 |
| 274 | 40 | Bless, Torsten | 67 | Germany | M40 | 68 | 319 | 0:53:34 | 0:54:29 | 26:34 | 27:00 |
| 275 | 364 | Manet, Leon | 56 | Netherlands | M50 | 30 | 320 | 0:53:34 | 0:53:42 | 26:06 | 27:28 |
| 276 | 585 | Tomasso, Ron | 56 | United States of America | M50 | 31 | 321 | 0:53:35 | 0:54:20 | 26:30 | 27:04 |
| 277 | 97 | Cohn, Nicholas | 63 | Netherlands | M45 | 49 | 322 | 0:53:37 | 0:53:43 | 27:21 | 26:15 |
| 278 | 150 | Esser, Jörg | 67 | Germany | M40 | 69 | 324 | 0:53:49 | 0:54:09 | 26:43 | 27:06 |
| 279 | 332 | Lancaster, Daniel | 68 | Switzerland | M40 | 70 | 325 | 0:53:54 | 0:54:23 | 26:55 | 26:59 |
| 280 | 170 | Fung, Martin | 63 | United States of America | M45 | 50 | 326 | 0:53:56 | 0:54:48 | 27:22 | 26:33 |
| 281 | 291 | Kiene, Jens | 67 | Germany | M40 | 71 | 327 | 0:53:58 | 0:54:44 | 26:34 | 27:24 |
| 282 | 176 | Gehde, Christoph | 79 | Germany | M30 | 38 | 328 | 0:53:59 | 0:54:44 | 26:34 | 27:25 |
| 283 | 334 | Laufenberg, Günther | 61 | Germany | M45 | 51 | 332 | 0:54:10 | 0:54:22 | 25:30 | 28:39 |
| 284 | 120 | Dickens, John | 61 | United States of America | M45 | 52 | 333 | 0:54:12 | 0:54:40 | 26:49 | 27:22 |
| 285 | 336 | le Lan, Jean Claude | 65 | France | M45 | 53 | 334 | 0:54:13 | 0:54:31 | 25:58 | 28:15 |
| 286 | 461 | Ratkay, Stephen | 68 | United States of America | M40 | 72 | 335 | 0:54:24 | 0:55:21 | 26:23 | 28:00 |
| 287 | 476 | Rode, Kenneth Lütken | 71 | Denmark | M35 | 56 | 336 | 0:54:31 | 0:55:18 | 25:22 | 29:09 |
| 288 | 407 | Nielsen, Peter | 66 | Denmark | M40 | 73 | 337 | 0:54:35 | 0:54:56 | 26:21 | 28:13 |
| 289 | 575 | Szwajkos, Robert | 47 | United States of America | M60 | 8 | 338 | 0:54:36 | 0:54:55 | 28:10 | 26:25 |
| 290 | 555 | Stein, Joerg | 64 | Germany | M45 | 54 | 339 | 0:54:37 | 0:55:23 | 26:36 | 28:00 |



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Männer

| Platz | Startnr | Name, Vorname | Jg | Land | Ak | Pl-Ak | Pos | Netto | Brutto | Runde1 | Runde2 |
|-------|---------|-------------------------------|----|--------------------------|-----|-------|-----|---------|---------|--------|--------|
| 291 | 543 | Simpson, Guy | 45 | United States of America | M65 | 4 | 340 | 0:54:38 | 0:55:34 | 26:43 | 27:54 |
| 292 | 526 | Schubert, Gregory | 58 | United States of America | M50 | 32 | 341 | 0:54:39 | 0:55:19 | 27:09 | 27:30 |
| 293 | 146 | Elleby, Jan | 63 | Denmark | M45 | 55 | 343 | 0:54:48 | 0:55:43 | 27:17 | 27:30 |
| 294 | 571 | Sumner, Michael | 50 | New Zealand | M55 | 10 | 345 | 0:54:52 | 0:55:22 | 27:24 | 27:27 |
| 295 | 304 | Koester, Thomas | 63 | Germany | M45 | 56 | 346 | 0:54:53 | 0:55:23 | 26:46 | 28:07 |
| 296 | 454 | Quintanilla, Ernesto | 71 | United States of America | M35 | 57 | 347 | 0:54:53 | 0:55:32 | 27:17 | 27:36 |
| 297 | 438 | Pickers, Georg | 63 | Germany | M45 | 57 | 348 | 0:55:03 | 0:55:52 | 27:14 | 27:48 |
| 298 | 245 | Hughes, Michael | 67 | United States of America | M40 | 74 | 349 | 0:55:07 | 0:55:59 | 26:38 | 28:29 |
| 299 | 16 | Barratt, Ashley | 65 | New Zealand | M40 | 75 | 352 | 0:55:19 | 0:55:54 | 28:03 | 27:15 |
| 300 | 542 | Silbermayr, Ernst | 61 | Austria | M45 | 58 | 355 | 0:55:25 | 0:56:18 | 27:14 | 28:10 |
| 301 | 344 | Leykamm, Frank | 48 | United States of America | M60 | 9 | 356 | 0:55:31 | 0:56:12 | 27:44 | 27:47 |
| 302 | 177 | Giang, Albert | 77 | United States of America | M30 | 39 | 357 | 0:55:34 | 0:56:22 | 27:33 | 28:00 |
| 303 | 158 | Fiechtner, Armin | 63 | Germany | M45 | 59 | 359 | 0:55:43 | 0:55:52 | 27:53 | 27:49 |
| 304 | 599 | Vandyk, Russell | 54 | United Kingdom | M55 | 11 | 360 | 0:55:44 | 0:56:22 | 28:02 | 27:41 |
| 305 | 341 | Leick, Robert | 61 | United States of America | M45 | 60 | 361 | 0:55:56 | 0:56:47 | 26:55 | 29:01 |
| 306 | 481 | Rohrmann, Stephan | 68 | Germany | M40 | 76 | 365 | 0:56:14 | 0:56:37 | 28:21 | 27:52 |
| 307 | 155 | Faucher, Henri | 59 | United States of America | M50 | 33 | 366 | 0:56:15 | 0:56:52 | 27:56 | 28:19 |
| 308 | 302 | Kneisel, Heiko | 78 | Germany | M30 | 40 | 368 | 0:56:21 | 0:56:41 | 35:04 | 21:17 |
| 309 | 110 | Dahm, Michael | 62 | Germany | M45 | 61 | 369 | 0:56:23 | 0:56:28 | 26:53 | 29:30 |
| 310 | 473 | Rivera, Jerry | 63 | United States of America | M45 | 62 | 370 | 0:56:25 | 0:56:40 | 26:56 | 29:28 |
| 311 | 513 | Schmidt, Eckhard | 64 | Germany | M45 | 63 | 371 | 0:56:26 | 0:56:48 | 28:16 | 28:10 |
| 312 | 583 | Tillmans, Christian | 63 | Germany | M45 | 64 | 372 | 0:56:37 | 0:57:15 | 27:57 | 28:39 |
| 313 | 669 | Trommer, Joachim | | Germany | M55 | 12 | 375 | 0:57:02 | 0:57:57 | 28:19 | 28:43 |
| 314 | 500 | Sass, Reinhard | 73 | Germany | M35 | 58 | 382 | 0:57:24 | 0:58:14 | 28:09 | 29:14 |
| 315 | 430 | Pedersen, Flemming Baadsgaard | 67 | Denmark | M40 | 77 | 384 | 0:57:35 | 0:58:21 | 28:14 | 29:20 |
| 316 | 516 | Schmidt, Thomas | 70 | Germany | M40 | 78 | 387 | 0:57:46 | 0:58:02 | 28:38 | 29:08 |
| 317 | 235 | Höing, Werner | 52 | Germany | M55 | 13 | 390 | 0:57:56 | 0:58:22 | 27:42 | 30:13 |
| 318 | 11 | Atherton, Simon | 73 | United Kingdom | M35 | 59 | 391 | 0:57:58 | 0:58:32 | 28:27 | 29:30 |
| 319 | 626 | Wiedemann, Thorsten | 76 | Germany | M30 | 41 | 394 | 0:58:07 | 0:58:50 | 28:04 | 30:03 |
| 320 | 319 | Kretschmann, Andreas | 74 | Germany | M35 | 60 | 395 | 0:58:08 | 0:58:50 | 28:03 | 30:04 |
| 321 | 183 | Gittinger, Jan | 67 | Germany | M40 | 79 | 396 | 0:58:17 | 0:58:49 | 29:22 | 28:55 |
| 322 | 558 | Stewart, John | 72 | United Kingdom | M35 | 61 | 398 | 0:58:18 | 0:59:08 | 27:20 | 30:58 |
| 323 | 642 | Zuzu, Michael | | | M50 | 34 | 399 | 0:58:20 | 0:59:13 | 29:24 | 28:55 |
| 324 | 378 | Mechow, Jens | 73 | Germany | M35 | 62 | 400 | 0:58:24 | 0:58:32 | 27:22 | 31:02 |
| 325 | 472 | Risser, Julien | 42 | France | M65 | 5 | 401 | 0:58:31 | 0:58:41 | 28:25 | 30:06 |
| 326 | 41 | Blum, Peter | 67 | Germany | M40 | 80 | 403 | 0:58:36 | 0:59:04 | 28:12 | 30:24 |
| 327 | 566 | Strogen, Damien | 67 | New Zealand | M40 | 81 | 404 | 0:58:53 | 0:59:27 | 28:03 | 30:49 |
| 328 | 9 | Andrade, Robert | 64 | United States of America | M45 | 65 | 405 | 0:58:55 | 0:59:39 | 28:26 | 30:29 |
| 329 | 696 | van Disseldorp, Louis | 57 | Netherlands | M50 | 35 | 406 | 0:59:04 | 0:59:35 | 28:00 | 31:03 |
| 330 | 425 | Parr, Glenn | 61 | United States of America | M45 | 66 | 410 | 0:59:28 | 1:00:08 | 29:07 | 30:20 |
| 331 | 65 | Briggs, Paul | 56 | Australia | M50 | 36 | 411 | 0:59:30 | 1:00:26 | 28:26 | 31:04 |
| 332 | 247 | Hunt, Jeff | 61 | United States of America | M35 | 63 | 412 | 0:59:41 | 1:00:12 | 28:10 | 31:30 |
| 333 | 79 | Burmeister, Martin | 73 | Denmark | M35 | 64 | 416 | 0:59:48 | 1:00:38 | 29:23 | 30:24 |
| 334 | 450 | Pulice, Joseph | 69 | United States of America | M40 | 82 | 420 | 1:00:19 | 1:00:57 | 29:06 | 31:12 |
| 335 | 187 | Goldstein, John | 51 | United States of America | M55 | 14 | 422 | 1:01:03 | 1:01:55 | 30:40 | 30:22 |
| 336 | 651 | Giutard, Yaun | | France | M40 | 83 | 424 | 1:01:26 | 1:02:21 | 30:38 | 30:47 |
| 337 | 257 | Jaimes, Guillermo | 77 | United States of America | M30 | 42 | 427 | 1:01:45 | 1:02:31 | 28:33 | 33:11 |
| 338 | 484 | Small, Michael | 63 | | M45 | 67 | 428 | 1:01:46 | 1:02:10 | 30:18 | 31:28 |
| 339 | 324 | Kuhar, Roman | 73 | Slovenia | M35 | 65 | 430 | 1:02:05 | 1:02:47 | 31:41 | 30:23 |
| 340 | 630 | Wirges, Karsten | 64 | Germany | M45 | 68 | 437 | 1:02:23 | 1:02:31 | 29:58 | 32:24 |
| 341 | 280 | Kazakidis, Georgios | 55 | Germany | M55 | 15 | 439 | 1:02:25 | 1:02:44 | 29:53 | 32:31 |
| 342 | 452 | Pyle, Edward | 35 | United States of America | M75 | 1 | 440 | 1:02:28 | 1:03:19 | 30:45 | 31:43 |
| 343 | 361 | Maljevac, Simon | 81 | Slovenia | MHK | 18 | 448 | 1:03:07 | 1:03:49 | 31:36 | 31:31 |
| 344 | 345 | Linde, Henk | 62 | Netherlands | M45 | 69 | 449 | 1:03:19 | 1:03:58 | 30:09 | 33:09 |
| 345 | 282 | Kellner, Eduard | 68 | Germany | M40 | 84 | 458 | 1:04:00 | 1:04:52 | 30:40 | 33:20 |
| 346 | 598 | van Straaten, Jaap | 54 | Netherlands | M55 | 16 | 459 | 1:04:02 | 1:04:27 | 30:46 | 33:15 |
| 347 | 440 | Pilgram, Frank | 74 | Germany | M35 | 66 | 460 | 1:04:04 | 1:05:03 | 31:53 | 32:11 |
| 348 | 453 | Quante, Alfred | 63 | Germany | M45 | 70 | 461 | 1:04:12 | 1:05:03 | 31:40 | 32:32 |



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Männer

| Platz | Startnr | Name, Vorname | Jg | Land | Ak | Pl-Ak | Pos | Netto | Brutto | Runde1 | Runde2 |
|-------|---------|-------------------------|----|--------------------------|-----|-------|-----|---------|---------|--------|--------|
| 349 | 446 | Portmann, Patrick | 72 | Germany | M35 | 67 | 462 | 1:04:15 | 1:05:06 | 32:00 | 32:14 |
| 350 | 333 | Larjavaara, Ilmari | 69 | Finland | MHK | 19 | 463 | 1:04:38 | 1:05:24 | 32:31 | 32:07 |
| 351 | 520 | Schock, Norman | 79 | Germany | MHK | 20 | 464 | 1:04:53 | 1:05:17 | 29:55 | 34:57 |
| 352 | 188 | Gordyn, Willy | 57 | Belgium | M50 | 37 | 469 | 1:05:55 | 1:06:29 | 31:39 | 34:16 |
| 353 | 253 | Isselhorst, Dr. Carsten | 73 | Germany | M35 | 68 | 471 | 1:06:25 | 1:07:09 | 31:30 | 34:54 |
| 354 | 88 | Castelbon, Miguel Angel | 70 | Spain | M40 | 85 | 476 | 1:06:52 | 1:07:18 | 30:39 | 36:13 |
| 355 | 217 | Helm, Andreas | 69 | Germany | M40 | 86 | 477 | 1:07:37 | 1:08:30 | 32:04 | 35:33 |
| 356 | 395 | Müller, Marcus | 69 | Germany | M40 | 87 | 478 | 1:07:48 | 1:08:08 | 32:07 | 35:40 |
| 357 | 648 | Zeller, Norbert | | Germany | M60 | 10 | 480 | 1:07:53 | 1:08:46 | 33:03 | 34:50 |
| 358 | 137 | Duggan, Ray | 52 | Canada | M55 | 17 | 482 | 1:07:56 | 1:08:08 | 32:47 | 35:08 |
| 359 | 464 | Reimann, Frank | 62 | Germany | M45 | 71 | 484 | 1:09:17 | 1:10:01 | 32:50 | 36:26 |
| 360 | 515 | Schmidt, Michael | 65 | Germany | M40 | 88 | 488 | 1:11:02 | 1:11:48 | 33:38 | 37:23 |
| 361 | 45 | Boehm, Klaus | 67 | Germany | M40 | 89 | 489 | 1:11:02 | 1:11:48 | 33:38 | 37:24 |
| 362 | 207 | Harras, Achim | 62 | Germany | M45 | 72 | 492 | 1:11:42 | 1:11:54 | 34:13 | 37:29 |
| 363 | 61 | Brauer, Kevin | 59 | United States of America | M50 | 38 | 494 | 1:12:28 | 1:13:27 | 34:00 | 38:27 |
| 364 | 661 | White, William | | United Kingdom | M45 | 73 | 500 | 1:14:14 | 1:14:26 | 33:46 | 40:28 |
| 365 | 301 | Klotzek, Sven | 74 | Germany | M35 | 69 | 505 | 1:17:34 | 1:18:33 | 37:52 | 39:41 |
| 366 | 888 | Flutsch, | | *Köln | M35 | 70 | 506 | 1:19:06 | 1:20:06 | 40:29 | 38:36 |
| 367 | 889 | AARGH!, | | | M35 | 71 | 507 | 1:19:06 | 1:20:07 | 40:29 | 38:37 |



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Frauen

| Platz | Startnr | Name, Vorname | Jg | Land | Ak | Pl-Ak | Pos | Netto | Brutto | Runde1 | Runde2 |
|-------|---------|------------------------|----|--------------------------|-----|-------|-----|---------|---------|--------|--------|
| 1 | 122 | Dickson, Suran | 77 | United Kingdom | W30 | 1 | 34 | 0:39:31 | 0:39:34 | 19:17 | 20:13 |
| 2 | 142 | Eiband, Alexandra | 73 | Germany | W35 | 1 | 42 | 0:39:50 | 0:39:52 | 19:40 | 20:09 |
| 3 | 89 | Cavanagh, Louise | 68 | Ireland | W40 | 1 | 58 | 0:41:32 | 0:41:35 | 20:05 | 21:27 |
| 4 | 86 | Canales, Fatima | 70 | Spain | W40 | 2 | 74 | 0:42:24 | 0:42:35 | 20:57 | 21:26 |
| 5 | 486 | Roth, Beatrice | 69 | Switzerland | W40 | 3 | 77 | 0:42:51 | 0:42:54 | 21:04 | 21:46 |
| 6 | 327 | Kümmel, Anne | 77 | Switzerland | WHK | 1 | 80 | 0:42:53 | 0:43:27 | 21:24 | 21:29 |
| 7 | 57 | Bouwmeester, Lianne | 61 | Netherlands | W45 | 1 | 84 | 0:43:14 | 0:43:17 | 21:20 | 21:53 |
| 8 | 591 | Valencia, Miriam | 74 | United Kingdom | W35 | 2 | 94 | 0:43:53 | 0:44:11 | 21:36 | 22:16 |
| 9 | 650 | Regelink, Robin | | Netherlands | W30 | 2 | 113 | 0:44:52 | 0:45:32 | 22:07 | 22:45 |
| 10 | 103 | Conway, Julia | 72 | United Kingdom | W35 | 3 | 126 | 0:45:26 | 0:45:32 | 22:35 | 22:51 |
| 11 | 297 | Klein, Alexandra | 74 | Germany | W35 | 4 | 130 | 0:45:38 | 0:45:47 | 22:25 | 23:12 |
| 12 | 338 | le Vagueres, Chloe | 80 | France | WHK | 2 | 140 | 0:46:00 | 0:46:06 | 22:03 | 23:57 |
| 13 | 537 | Schmitz, Anne | 69 | Germany | W40 | 4 | 168 | 0:46:50 | 0:46:55 | 23:29 | 23:21 |
| 14 | 647 | Bailey, Jackie | | United Kingdom | W40 | 5 | 171 | 0:46:55 | 0:47:33 | 23:56 | 22:59 |
| 15 | 385 | Moers, Cordula | 72 | Germany | W35 | 5 | 179 | 0:47:28 | 0:47:55 | 23:37 | 23:51 |
| 16 | 305 | Kohlenberg, Silke | 70 | Germany | W40 | 6 | 180 | 0:47:31 | 0:48:08 | 23:59 | 23:31 |
| 17 | 487 | Rowe, Kate | 51 | Australia | W55 | 1 | 204 | 0:48:35 | 0:48:47 | 23:42 | 24:52 |
| 18 | 441 | Pilz, Michelle Manuela | 67 | Switzerland | W40 | 7 | 205 | 0:48:36 | 0:48:55 | 24:23 | 24:13 |
| 19 | 377 | Mechin, Berangere | 79 | France | W30 | 3 | 206 | 0:48:42 | 0:48:59 | 23:08 | 25:33 |
| 20 | 82 | Buthelezi, Hlengiwe | 79 | South Africa | W30 | 4 | 208 | 0:48:46 | 0:48:48 | 23:50 | 24:56 |
| 21 | 524 | Schreich, Eva | 77 | Germany | W30 | 5 | 209 | 0:48:51 | 0:49:04 | 23:51 | 24:59 |
| 22 | 4 | Aeschbacher, Corinne | 71 | Switzerland | W35 | 6 | 217 | 0:48:58 | 0:49:31 | 23:38 | 25:19 |
| 23 | 536 | Seregely, Beata | 71 | Hungary | W35 | 7 | 219 | 0:48:59 | 0:49:31 | 24:00 | 24:59 |
| 24 | 18 | Beazley, Imogen | 82 | United Kingdom | WHK | 3 | 220 | 0:49:06 | 0:49:21 | 23:50 | 25:15 |
| 25 | 268 | Kahan, Judith | 62 | United States of America | W45 | 2 | 250 | 0:49:59 | 0:50:44 | 24:03 | 25:56 |
| 26 | 331 | Lambert, Cecile | 82 | France | WHK | 4 | 251 | 0:50:00 | 0:50:17 | 25:15 | 24:44 |
| 27 | 232 | Hinteregger, Brigitte | 67 | Austria | W40 | 8 | 267 | 0:50:53 | 0:51:32 | 25:29 | 25:23 |
| 28 | 424 | Padmore, Shinelle | 73 | United Kingdom | W35 | 8 | 268 | 0:50:53 | 0:51:29 | 24:40 | 26:13 |
| 29 | 503 | Sauvala, Kielo | 57 | United States of America | W50 | 1 | 278 | 0:51:13 | 0:51:37 | 24:42 | 26:30 |
| 30 | 255 | Jaeger, Corinna | 63 | Germany | W45 | 3 | 280 | 0:51:25 | 0:51:55 | 26:10 | 25:14 |
| 31 | 353 | Ludwa, Prisca | 67 | Switzerland | W40 | 9 | 282 | 0:51:34 | 0:52:24 | 24:55 | 26:39 |
| 32 | 189 | Görtz, Margret | 62 | Germany | W45 | 4 | 283 | 0:51:40 | 0:51:45 | 25:37 | 26:03 |
| 33 | 12 | Axelsson, Mia | 68 | Sweden | W40 | 10 | 285 | 0:51:45 | 0:52:01 | 25:38 | 26:07 |
| 34 | 517 | Schneider, Birgit | 71 | Germany | W35 | 9 | 287 | 0:51:50 | 0:52:07 | 25:25 | 26:25 |
| 35 | 349 | Lotockyj, Evangelina | 74 | Germany | W35 | 10 | 289 | 0:51:55 | 0:52:37 | 25:18 | 26:37 |
| 36 | 141 | Eggeling, Tatjana | 63 | Germany | W45 | 5 | 291 | 0:51:57 | 0:52:01 | 25:37 | 26:20 |
| 37 | 296 | Kitschenberg, Anne | 65 | Germany | W45 | 6 | 292 | 0:52:05 | 0:52:30 | 25:30 | 26:34 |
| 38 | 211 | Heider, Stefanie | 73 | Germany | W35 | 11 | 294 | 0:52:05 | 0:52:37 | 25:24 | 26:40 |
| 39 | 410 | Nordlund, Elisa | 72 | Finland | W35 | 12 | 296 | 0:52:08 | 0:52:17 | 25:13 | 26:55 |
| 40 | 224 | Hentschke, Felicitas | 67 | Germany | W40 | 11 | 302 | 0:52:23 | 0:52:26 | 25:59 | 26:23 |
| 41 | 233 | Hochreuter, Anna | 64 | Germany | W45 | 7 | 303 | 0:52:23 | 0:53:04 | 27:02 | 25:21 |
| 42 | 577 | Temmer, Manuela | 76 | Austria | W30 | 6 | 313 | 0:53:02 | 0:53:27 | 25:54 | 27:08 |
| 43 | 445 | Pollmann, Brigitte | 59 | Germany | W50 | 2 | 314 | 0:53:06 | 0:53:46 | 25:41 | 27:24 |
| 44 | 225 | Herber, Manuela | 67 | Germany | W40 | 12 | 315 | 0:53:07 | 0:53:47 | 26:24 | 26:42 |
| 45 | 66 | Brown, Allison | 55 | Germany | W55 | 2 | 318 | 0:53:16 | 0:53:31 | 26:21 | 26:55 |
| 46 | 222 | Hensch, Bernadette | 62 | Switzerland | W45 | 8 | 323 | 0:53:38 | 0:53:59 | 25:45 | 27:53 |
| 47 | 44 | Böcker, Nicola | 75 | Germany | W35 | 13 | 329 | 0:54:00 | 0:54:14 | 26:32 | 27:28 |
| 48 | 258 | Jansen, Jorien | 63 | Netherlands | W45 | 9 | 330 | 0:54:01 | 0:54:30 | 26:43 | 27:17 |
| 49 | 356 | Macaud, Audrey | 74 | France | W35 | 14 | 331 | 0:54:07 | 0:54:31 | 26:00 | 28:07 |
| 50 | 328 | Kürten, Gabriele | 66 | Germany | W40 | 13 | 342 | 0:54:43 | 0:54:58 | 26:32 | 28:11 |
| 51 | 657 | Linssen, Frederike | | Netherlands | W30 | 7 | 344 | 0:54:49 | 0:55:29 | 27:02 | 27:47 |
| 52 | 125 | Dijkstra, Annemarie | 68 | Netherlands | W40 | 14 | 350 | 0:55:13 | 0:55:47 | 27:04 | 28:09 |
| 53 | 210 | Hebeisen, Yvonne | 66 | Switzerland | W40 | 15 | 351 | 0:55:14 | 0:55:50 | 26:07 | 29:06 |
| 54 | 244 | Houghton, Gill | 65 | Switzerland | W40 | 16 | 353 | 0:55:19 | 0:56:11 | 27:18 | 28:01 |
| 55 | 652 | Arthur, Elizabeth | | United States of America | W45 | 10 | 354 | 0:55:24 | 0:56:08 | 27:38 | 27:46 |
| 56 | 52 | Boros, Gyorgyi | 74 | Hungary | W35 | 15 | 358 | 0:55:42 | 0:56:15 | 28:32 | 27:09 |
| 57 | 219 | Hendrichs, Birgit | 61 | Germany | W45 | 11 | 362 | 0:55:56 | 0:56:45 | 28:15 | 27:41 |
| 58 | 116 | de Waal, Jeanet | 51 | Netherlands | W55 | 3 | 363 | 0:56:04 | 0:56:33 | 27:12 | 28:51 |



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| Platz | Startnr | Name, Vorname | Jg | Land | Ak | Pl-Ak | Pos | Netto | Brutto | Runde1 | Runde2 |
|-------|---------|--------------------------|----|--------------------------|-----|-------|-----|---------|---------|--------|--------|
| 59 | 514 | Schmidt, Iulia | 68 | Germany | W40 | 17 | 364 | 0:56:06 | 0:56:47 | 26:37 | 29:28 |
| 60 | 644 | Dautzenberg, Ann | | Switzerland | W35 | 16 | 367 | 0:56:20 | 0:57:12 | 28:11 | 28:09 |
| 61 | 646 | Thelen, Isabel | | Germany | W50 | 3 | 373 | 0:56:42 | 0:57:05 | 27:41 | 29:00 |
| 62 | 676 | Gomez, Marguerite | | | W55 | 4 | 374 | 0:56:56 | 0:56:57 | 25:00 | 31:56 |
| 63 | 603 | Vienenkötter, Jutta | 60 | Germany | W50 | 4 | 376 | 0:57:07 | 0:57:54 | 27:53 | 29:14 |
| 64 | 547 | Soederblom, Kerstin | 63 | Germany | W45 | 12 | 377 | 0:57:08 | 0:57:31 | 28:26 | 28:42 |
| 65 | 602 | Viard, Nathalie | 68 | France | W40 | 18 | 378 | 0:57:08 | 0:57:33 | 28:15 | 28:53 |
| 66 | 559 | Stillger, Christa-Maria | 59 | Germany | W50 | 5 | 379 | 0:57:12 | 0:58:01 | 28:34 | 28:38 |
| 67 | 416 | Ofaherty, Maebh | 75 | Germany | W35 | 17 | 380 | 0:57:19 | 0:58:10 | 29:26 | 27:53 |
| 68 | 71 | Bucher, Clarissa | 72 | Germany | W35 | 18 | 381 | 0:57:22 | 0:58:13 | 29:27 | 27:55 |
| 69 | 157 | Ferris, Michelle | 76 | Australia | W30 | 8 | 383 | 0:57:33 | 0:58:06 | 27:57 | 29:36 |
| 70 | 202 | Gutzmann, Anne | 53 | Germany | W55 | 5 | 385 | 0:57:44 | 0:58:23 | 28:37 | 29:06 |
| 71 | 33 | Billstein, Katharina | 59 | Ghana | W50 | 6 | 386 | 0:57:45 | 0:58:26 | 28:23 | 29:22 |
| 72 | 175 | Geffroy, Brigitte | 59 | France | W50 | 7 | 388 | 0:57:51 | 0:58:16 | 28:22 | 29:29 |
| 73 | 23 | Béres-Deák, Rita | 71 | Hungary | W35 | 19 | 389 | 0:57:52 | 0:58:24 | 28:39 | 29:13 |
| 74 | 135 | Kurz, Dr. Antje | 70 | Germany | W40 | 19 | 392 | 0:58:01 | 0:58:18 | 27:52 | 30:08 |
| 75 | 549 | Sonnefeld, Heike | 58 | Germany | W50 | 8 | 393 | 0:58:04 | 0:58:25 | 28:21 | 29:43 |
| 76 | 466 | Reinhold, Edith | 56 | Germany | W50 | 9 | 397 | 0:58:17 | 0:59:04 | 29:35 | 28:42 |
| 77 | 123 | Diemer, Julia | 78 | Germany | W30 | 9 | 402 | 0:58:34 | 0:59:21 | 31:38 | 26:56 |
| 78 | 276 | Karge, Imke | 70 | Germany | W35 | 20 | 407 | 0:59:12 | 0:59:35 | 29:57 | 29:14 |
| 79 | 374 | McKnight, Nikki | 74 | United Kingdom | W35 | 21 | 408 | 0:59:15 | 0:59:52 | 28:59 | 30:15 |
| 80 | 458 | Rageth, Sonja | 64 | Switzerland | W40 | 20 | 409 | 0:59:27 | 1:00:22 | 29:45 | 29:41 |
| 81 | 359 | Malcolm, Diahann E | 57 | United States of America | W50 | 10 | 413 | 0:59:43 | 1:00:09 | 29:06 | 30:36 |
| 82 | 306 | Kohler, Yvonne | 67 | Germany | W40 | 21 | 414 | 0:59:44 | 1:00:25 | 28:40 | 31:04 |
| 83 | 649 | Brasch, Nikolina | | Germany | W50 | 11 | 415 | 0:59:45 | 1:00:00 | 28:31 | 31:13 |
| 84 | 287 | Kerins, Martina | 62 | Ireland | W45 | 13 | 417 | 0:59:56 | 1:00:07 | 29:50 | 30:06 |
| 85 | 298 | Klein - Giesler, Susanne | 62 | Germany | W45 | 14 | 418 | 1:00:11 | 1:01:01 | 29:27 | 30:44 |
| 86 | 174 | Gebert, Claudia | 71 | United States of America | W35 | 22 | 419 | 1:00:12 | 1:00:55 | 29:53 | 30:18 |
| 87 | 594 | van der Schrier, Jantien | 63 | Netherlands | W45 | 15 | 421 | 1:00:54 | 1:01:28 | 30:57 | 29:57 |
| 88 | 200 | Gryzla, Ute | 63 | Germany | W45 | 16 | 423 | 1:01:20 | 1:02:00 | 30:23 | 30:56 |
| 89 | 68 | Bruckmeier, Petra | 64 | Germany | W45 | 17 | 425 | 1:01:37 | 1:02:28 | 29:48 | 31:48 |
| 90 | 343 | Leu, Melanie | 66 | United States of America | W40 | 22 | 426 | 1:01:43 | 1:02:26 | 31:19 | 30:23 |
| 91 | 326 | Kühr, Elke | 66 | Germany | W40 | 23 | 429 | 1:01:50 | 1:02:17 | 29:59 | 31:50 |
| 92 | 167 | Friedrich, Ute | 61 | Germany | W45 | 18 | 431 | 1:02:06 | 1:02:27 | 30:49 | 31:16 |
| 93 | 468 | Reuter, Claudia | 68 | Germany | W40 | 24 | 432 | 1:02:08 | 1:02:39 | 30:41 | 31:26 |
| 94 | 435 | Pelt, Kitty | 62 | Switzerland | W45 | 19 | 433 | 1:02:13 | 1:03:03 | 30:49 | 31:24 |
| 95 | 74 | Buechle, Corina | 73 | Switzerland | W35 | 23 | 434 | 1:02:15 | 1:02:56 | 30:24 | 31:51 |
| 96 | 205 | Hallauer, Claudia | 74 | Switzerland | W35 | 24 | 435 | 1:02:18 | 1:02:56 | 30:26 | 31:52 |
| 97 | 420 | O'Neill, Fiona | 65 | Ireland | W45 | 20 | 436 | 1:02:20 | 1:03:03 | 30:13 | 32:07 |
| 98 | 69 | Brunzel, Michaela | 65 | Sweden | W40 | 25 | 438 | 1:02:23 | 1:02:31 | 30:16 | 32:06 |
| 99 | 220 | Hendriks, Janien | 64 | Netherlands | W45 | 21 | 441 | 1:02:33 | 1:02:57 | 30:14 | 32:19 |
| 100 | 396 | Müller, Ute | 58 | Germany | W50 | 12 | 442 | 1:02:43 | 1:03:14 | 30:50 | 31:52 |
| 101 | 641 | Richartz, Karin | | | W50 | 13 | 443 | 1:02:51 | 1:03:21 | 29:36 | 33:14 |
| 102 | 105 | Cormann, Susanne | 68 | Germany | W40 | 26 | 444 | 1:02:52 | 1:03:18 | 30:42 | 32:10 |
| 103 | 447 | Postma, Jet | 54 | Netherlands | W55 | 6 | 445 | 1:02:56 | 1:03:26 | 29:55 | 33:00 |
| 104 | 595 | van der Schrier, Jolanda | 67 | Netherlands | W40 | 27 | 446 | 1:03:06 | 1:03:39 | 30:57 | 32:08 |
| 105 | 148 | Eng-Kämpfer, Barbara | 68 | Switzerland | W40 | 28 | 447 | 1:03:06 | 1:04:05 | 30:55 | 32:11 |
| 106 | 483 | Rohmoser, Felicitas | 56 | Germany | W50 | 14 | 450 | 1:03:22 | 1:03:36 | 30:58 | 32:24 |
| 107 | 550 | Sotheran, Jeannie | 57 | Australia | W50 | 15 | 451 | 1:03:27 | 1:04:16 | 30:32 | 32:54 |
| 108 | 221 | Hendry, Khati | 50 | Canada | W55 | 7 | 452 | 1:03:33 | 1:04:09 | 30:51 | 32:41 |
| 109 | 140 | Egelkraut, Renate | 67 | Germany | W40 | 29 | 453 | 1:03:36 | 1:04:23 | 31:06 | 32:30 |
| 110 | 684 | Werner, Renate | | | W40 | 30 | 454 | 1:03:36 | 1:04:34 | 31:58 | 31:38 |
| 111 | 179 | Giese, Barbara | 68 | Germany | W40 | 31 | 455 | 1:03:36 | 1:04:34 | 31:58 | 31:38 |
| 112 | 509 | Schiemann, Sabine | 45 | Germany | W65 | 1 | 456 | 1:03:55 | 1:04:24 | 31:00 | 32:55 |
| 113 | 145 | Eklund, Ingegerd | 67 | Sweden | W40 | 32 | 457 | 1:03:57 | 1:04:33 | 31:26 | 32:31 |
| 114 | 5 | Al-Kass, Sonia | 62 | Germany | W45 | 22 | 465 | 1:05:10 | 1:05:52 | 31:50 | 33:19 |
| 115 | 342 | Leong, Helene | 60 | United States of America | W45 | 23 | 466 | 1:05:23 | 1:06:07 | 31:53 | 33:29 |
| 116 | 128 | Dods, Jane | 35 | United States of America | W70 | 1 | 467 | 1:05:35 | 1:05:46 | 32:14 | 33:20 |

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| Platz | Startnr | Name, Vorname | Jg | Land | Ak | Pl-Ak | Pos | Netto | Brutto | Runde1 | Runde2 |
|-------|---------|-----------------------|----|--------------------------|-----|-------|-----|---------|---------|--------|--------|
| 117 | 182 | Giribaldi, Anna | 68 | Germany | W40 | 33 | 468 | 1:05:43 | 1:06:36 | 35:52 | 29:51 |
| 118 | 325 | Kuhn, Tanja | 66 | Germany | W40 | 34 | 470 | 1:05:58 | 1:06:54 | 33:13 | 32:45 |
| 119 | 238 | Hoppe, Sabine | 65 | Germany | W40 | 35 | 472 | 1:06:25 | 1:06:47 | 34:10 | 32:15 |
| 120 | 277 | Karrasch, Angelika | 69 | Germany | W40 | 36 | 473 | 1:06:27 | 1:07:10 | 32:07 | 34:19 |
| 121 | 278 | Karrasch, Nicola | 68 | Germany | W40 | 37 | 474 | 1:06:27 | 1:07:10 | 32:08 | 34:19 |
| 122 | 601 | Vennemann, Ute | 70 | Germany | W35 | 25 | 475 | 1:06:27 | 1:07:10 | 32:09 | 34:18 |
| 123 | 482 | Rohrmoser, Eva-Maria | 54 | Germany | W55 | 8 | 479 | 1:07:51 | 1:08:02 | 32:54 | 34:56 |
| 124 | 56 | Bout, Kyra | 66 | Netherlands | W40 | 38 | 481 | 1:07:53 | 1:08:46 | 32:22 | 35:30 |
| 125 | 569 | Sturm, Sabine | 71 | Germany | W35 | 26 | 483 | 1:08:37 | 1:09:16 | 34:22 | 34:15 |
| 126 | 32 | Bilbey, Nina | 67 | United Kingdom | W40 | 39 | 485 | 1:09:27 | 1:10:24 | 34:40 | 34:46 |
| 127 | 442 | Platen, Petra | 59 | Germany | W50 | 16 | 486 | 1:09:46 | 1:10:07 | 33:03 | 36:43 |
| 128 | 372 | McDonald, Susanna | 67 | United States of America | W40 | 40 | 487 | 1:10:14 | 1:10:58 | 34:18 | 35:56 |
| 129 | 313 | Konzmann, Susanna | 75 | Germany | W30 | 10 | 490 | 1:11:03 | 1:11:41 | 35:09 | 35:53 |
| 130 | 314 | Konzmann, Vera | 65 | Germany | W45 | 24 | 491 | 1:11:03 | 1:11:41 | 35:11 | 35:52 |
| 131 | 675 | Schmidt, Anneke | | | W50 | 17 | 493 | 1:12:01 | 1:12:48 | 35:09 | 36:52 |
| 132 | 227 | Hertel, Claudia | 68 | Germany | W40 | 41 | 495 | 1:12:29 | 1:13:00 | 32:10 | 40:19 |
| 133 | 59 | Brandt, Renate | 51 | Germany | W55 | 9 | 496 | 1:12:46 | 1:12:52 | 35:30 | 37:15 |
| 134 | 208 | Harth, Ulrike | 69 | Germany | W40 | 42 | 497 | 1:13:53 | 1:14:47 | 36:24 | 37:29 |
| 134 | 564 | Stricker, Marie | 58 | Germany | W50 | 18 | 498 | 1:13:53 | 1:14:48 | 36:24 | 37:29 |
| 136 | 184 | Gleibs, Annette | 63 | Germany | W45 | 25 | 499 | 1:13:54 | 1:14:47 | 36:24 | 37:30 |
| 137 | 25 | Berger, Inger-Johanne | 44 | United States of America | W65 | 2 | 501 | 1:15:53 | 1:16:41 | 36:33 | 39:19 |
| 138 | 294 | Kirchner, Sarah | 64 | Germany | W45 | 26 | 502 | 1:17:00 | 1:17:58 | 37:53 | 39:06 |
| 139 | 118 | Deilmann, Anja | 65 | Germany | W40 | 43 | 503 | 1:17:20 | 1:17:32 | 36:09 | 41:10 |
| 140 | 606 | Voelckner, Annette | 72 | Germany | W35 | 27 | 504 | 1:17:21 | 1:17:32 | 35:45 | 41:35 |
| 141 | 554 | Steilberg, Stefanie | 69 | Germany | W40 | 44 | 508 | 1:19:12 | 1:20:06 | 38:27 | 40:44 |
| 142 | 229 | Hilbrandt, Martina | 63 | Germany | W45 | 27 | 509 | 1:19:12 | 1:20:06 | 38:28 | 40:44 |
| 143 | 322 | Krutwig, Gabi | 62 | Germany | W45 | 28 | 510 | 1:19:13 | 1:20:06 | 38:29 | 40:43 |